


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>KEY</b> BD_Brightondale AL D_Dining Area/Veranda C_Craft / Card Room E_Exercise Room L_Library Room O_Out Front / Or _Outing TBA_To Be Announced P_Patio Lo_Lobby ( ) FYI \$ Need Money for Outing or Event \$\$ Billable Outing R-Reflection IL-Independent Living AL Assisted Living				<h1>November 2021</h1>		 <b>MEADOWOOD SHORES</b> A SILVERCREST COMMUNITY	
	<b>1</b> <u>8:00 – 11:30 Appointment Runs</u> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	<b>2 Elections</b> 10:00 Music Fitness – E 10:30 Coffee with the Cops – D <u>12:00 – 3:00 Appointment Runs</u> <u>12:45 Walk Over to BD for</u> <u>Worship with Pastor B</u> 1:00 Educational Session – D “Balance & Fall Prevention Tip”	<b>3</b> 10:00 Music Fitness – E 10:30 Coffee Social – D <u>10:30 \$ Lunch Outing</u> <u>to Arboretum</u> 3:30 Catholic Services – E	<b>4</b> <u>8:00-11:30 Appointment Runs</u> 10:00 Music Fitness – E 10:30 Coffee Social – D 1:00 Resident Forum –D (Food Service & Leisure Focus) 2:00 Guys' Group – D	<b>5</b> 10:00 Music Fitness - E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social - D 2:45 Music by the “High Water Band”- R3	<b>6</b> 10:00 Music Fitness – E <u>10:00 Scenic “Looking at</u> <u>Grand Homes” (BD &amp; MWS)</u> 2:00 Chimes – D 6:30 Game Night – D	
<b>7</b> 10:00 Music Fitness - E 2:00 Coffee Social - D 	<b>8</b> <u>8:00 – 11:30 Appointment Runs</u> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	<b>9</b> 10:00 Music Fitness – E 10:30 Coffee Social – D <u>12:00–3:00 Appointment Runs</u> <u>12:45 Walk Over to BD for</u> <u>Monthly Mass at 1:00</u> 1:00 Educational Session – D “Residents' Orientation”	<b>10</b> 10:00 Music Fitness – E 10:30 Coffee Social – D <u>9:30 \$ Ladies' Breakfast</u> <u>“EGG &amp; I”</u> 2:00 Worship – D (Study, Faith, Song & Prayers) 3:30 Catholic Services – E	<b>11 Veterans' Day</b> <u>8:00-11:30 Appointment Runs</u> 9:00 Veterans' Breakfast – D 10:00 Music Fitness – E 10:30 Coffee Social – D 1:00 WOW Group Women of Wisdom Chats – D 2:00 Guys' Group – D	<b>12</b> 10:00 Music Fitness - E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social - D 2:00 Guitar Music by Brian Fodstad - D	<b>13</b> 10:00 Music Fitness – E <u>10:00 Scenic “Looking at</u> <u>Grand Homes” (BD &amp; MWS)</u> 2:00 Chimes – D 6:30 Game Night – D	
<b>14</b> 10:00 Music Fitness - E 2:00 Coffee Social - D	<b>15</b> <u>8:00 – 11:30 Appointment Runs</u> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	<b>16</b> 10:00 Music Fitness – E 10:30 Coffee Social – D <u>12:00 – 3:00 Appointment Runs</u> <u>12:45 Walk Over to BD for</u> <u>Worship with Pastor B</u> >2:30 Educational Session – D Medicare Updates and More Presented by Danielle Shamp of Shamp Insurance Group	<b>17</b> 10:00 Music Fitness – E 10:30 Coffee Social – D <u>10:30 \$ “Steele &amp; Hops”</u> <u>Lunch Outing</u> 3:30 Catholic Services – E 5:00 Birthday Theme Dinner - D	<b>18</b> <u>8:00-11:30 Appointment Runs</u> 10:00 Music Fitness – E 10:30 Coffee Social – D 1:00 Welcome Committee Meeting – D (2:00 Staff Meeting) 2:00 Guys' Group – D	<b>19</b> 10:00 Music Fitness - E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social - D 1:30 Celebration of Life Remembrance Service - D	<b>20</b> 10:00 Music Fitness – E <u>10:00 Social Distance</u> <u>Scenic Drive “Looking at</u> <u>Grand Homes” (BD &amp; MWS)</u> 2:00 Chimes – D 6:30 Game Night – D	
<b>21</b> 10:00 Music Fitness - E 2:00 Coffee Social - D	<b>22</b> <u>8:00 – 11:30 Appointment Runs</u> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	<b>23</b> 10:00 Music Fitness - E 10:30 Coffee Social - D <u>12:00 – 3:00 Appointment Runs</u> 1:00 Educational Session – D “Technology Training”	<b>24</b> 10:00 Music Fitness – E 10:30 Coffee Social – D <u>9:30 \$ Bonus Outing to Target Plus</u> 2:00 Worship Study lead by Pastor Matt – D (Study Faith, Song & Prayers) 3:30 Catholic Services – E	<b>25 Thanksgiving Day</b> 10:00 Music Fitness – E 10:00 Macy's Parade (On TV) 10:30 Coffee Social – D <u>11:30 Thanksgiving Dinner - D</u> 2:00 Guys' Group – D	<b>26</b> 10:00 Music Fitness - E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social - D 1:30 Movie & Popcorn “Amazing Grace” - D	<b>27</b> 10:00 Music Fitness – E <u>10:00 Scenic “Looking at</u> <u>Grand Homes” (BD &amp; MWS)</u> 2:00 Chimes – D 6:30 Game Night – D	
<b>28</b> 10:00 Music Fitness - E 2:00 Coffee Social - D	<b>29 Holiday Trimming</b> <u>8:00 – 11:30 Appointment Runs</u> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	<b>30 Holiday Trimming</b> 10:00 Music Fitness - E 10:30 Coffee Social - D <u>12:00 – 3:00 Appointment Runs</u> 1:00 Educational Session – D Technology Training –Topic “Impact of Social Media” Presented by Ted Talks—TALKS	<b>Currently ...</b> > With all events, & groups, we are still required to use safety protocols! > Signing in for sessions is still needed. Questions see Su Stigney, Director of Programs			<b>Independent Games &amp; other small sessions</b> by reservation only! Available DAILY, in the Game Room & Library <ul style="list-style-type: none"> <li>• See Clipboard for times &amp; locations available</li> <li>• Signup sheets will be posted for the current week</li> <li>• See programming for cleaning and other safety protocols</li> </ul>	