

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

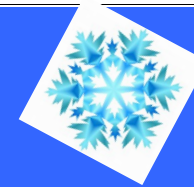
Saturday

Key
 F - Fireside Room
 D - Dining Room
 S - Sunroom
 P - Patio
 SN - Sunroom Nook
 — - Outing

Neighborhoods
 (IL) - Independent
 (AL) - Assisted Living
 (R2) - Reflections on 2
 (R3) - Reflections on 3



JANUARY 2022



1 **HAPPY**
New Year
 11:00 Holiday Meal - R3

<p>2 1:00 Documentary - S "Arctic Wolves"</p>	<p>3 8:00 Music Fitness - S <u>8:00 – 11:30 Appointment Runs</u> 10:00 Active Games-R3 2:00 Hymns – Sing by Peggy - R3 3:00 Taste of ? With Mark - R3</p>	<p>4 8:00 Music Fitness - S 10:00 <u>Coffee with the Cops - D</u> <u>12:00 – 3:00 Appointment Runs</u> 1:00 Worship Hour - S 2:30 Educational Session - S NEW "Technology Training"</p>	<p>5 8:00 Music Fitness - S 10:00 Fitness Class - R3 1:00 Bingo - S 3:00 Monthly Men's Meeting - S</p>	<p>6 8:00 Music Fitness - S <u>8:00 -11:30 Appointment Runs</u> 10:00 Fitness Class - R3 1:00 News View Chats - S 2:00 Resident Forum-S 3:00 Collectable Conversation - R3</p>	<p>7 8:00 Music Fitness - S 10:00 Fitness Class - R3 1:00 Taste & Tales of Blizzards -R3 3:00 Massage Spa - S</p>	<p>8 <u>9:30 Scenic Drive</u> <u>"Driver Choice" (MWS & BD)</u> 10:00 Fitness Class - R3 1:00 Movie Club - S "Call the Midwife" (History Series)</p>
<p>9 1:00 Documentary - S "Our Plant Frozen Worlds"</p>	<p>10 8:00 Music Fitness - S <u>8:00 – 11:30 Appointment Runs</u> <u>12:45 Scenic Drive</u> <u>"Fair Grounds at Wintertime" (AL)</u> 3:00 Taste of ? With Mark - R3</p>	<p>11 8:00 Music Fitness - S 10:00 Fitness Class - R3 <u>12:00 – 3:00 Appointment Runs</u> 1:00 Monthly Mass with Father - S 2:30 Educational Session – S "Tips on Better Sleep"</p>	<p>12 8:00 Music Fitness - S 10:00 Fitness Class - R3 1:00 Crossword Puzzle - S 3:00 Table Games & Card Club - S</p>	<p>13 (CC) 8:00 Music Fitness - S <u>8:00 -11:30 Appointment Runs</u> 10:00 Fitness Class - R3 1:00 Ramsey Library Book Exchange – SN 2:30 AL Residents' Run Council - S 3:00 Collectable Conversation - R3</p>	<p>14 8:00 Music Fitness - S <u>8:30 \$ Men's Breakfast (IL, AL, & R)</u> 10:00 Fitness Class - R3 1:00 Music by the "Kent Appeldoorn" - S 3:00 Drum Circle - S</p>	<p>15 <u>9:30 Social Distance Scenic Drive</u> <u>"Driver Choice" (MWS & BD)</u> 10:00 Fitness Class - R3 1:00 Music with Bonnies - R3</p>
<p>16 1:00 Documentary - S "Ghosts of Mountains"</p>	<p>17 8:00 Music Fitness - S <u>8:00 – 11:30 Appointment Runs</u> 10:00 Active Games-R3 <u>12:45 Scenic "Treat" Drive</u> 3:00 Taste of ? With Mark - R3</p>	<p>18 8:00 Music Fitness - S 10:00 Fitness Class - R3 <u>12:00 – 3:00 Appointment Runs</u> 1:00 Worship Hour - S 2:30 Educational Session – S NEW "Technology Training"</p>	<p>19 8:00 Music Fitness - S 10:00 Fitness Class - R3 1:00 Bingo - S 3:00 Monthly Men's Meeting - S</p>	<p>20 8:00 Music Fitness - S <u>8:00 - 11:30 Appointment Runs</u> 10:00 Fitness Class - R3 1:00 Name & Numbers - S 2:00 Guitar Music by Mary Franz-R3 (2:00 All Staff Meeting – S Followed by RA Meeting) 5:00 Family Action Council – S</p>	<p>21 8:00 Music Fitness - S 10:00 Fitness Class - R3 1:00 Happy Hour with Images of past Winter Carnivals - R3 3:00 Massage Spa - S</p>	<p>22 <u>9:30 Scenic Drive</u> <u>"Driver Choice" (MWS & BD)</u> 10:00 Fitness Class - R3 1:00 Movie Club - S "Call the Midwife" (History Series)</p>
<p>23 1:00 Documentary - S "Dancing with the Birds"</p>	<p>24 8:00 Music Fitness - S <u>8:00 – 11:30 Appointment Runs</u> 10:00 Active Games-R3 <u>12:45 Scenic Drive</u> <u>"Parks at Winter"</u> 3:00 Taste of ? With Mark - R3 6:00 Music by Snap Crackle Pop-S</p>	<p>25 8:00 Music Fitness - S 10:00 Fitness Class - R3 <u>12:00 – 3:00 Appointment Runs</u> 1:30 Rosary - S 2:00 Catholic Communion - S 2:30 Educational Session - S Residents' Orientation"</p>	<p>26 8:00 Music Fitness - S 10:00 Fitness Class - R3 1:00 Crossword Puzzle - S 3:00 Table Games & Card Club - S</p>	<p>27 (CC) 8:00 Music Fitness - S <u>8:00 -11:30 Appointment Runs</u> 10:00 Fitness Class - R3 1:00 Ramsey Library Book Exchange - SN 3:00 Creativity Hour - R3</p>	<p>28 8:00 Music Fitness - S 10:00 Fitness Class - R3 1:00 "Churches of MN" Presentation by Photographer Doug Ohman - R3 3:00 Drum Circle - S</p>	<p>29 10:00 Fitness Class - R3 1:00 Movie Club - S "Call the Midwife" (History Series)</p>
<p>30 1:00 Documentary - S "Homage to Cats"</p>	<p>31 8:00 Music Fitness - S <u>8:00 – 11:30 Appointment Runs</u> 10:00 Active Games-R3 <u>12:45 Scenic Outing</u> <u>"Ice Sculptures Rice Park"</u> 3:00 Taste of ?With Mark - R3</p>	<p>Independent Sign In Table Game Group Sessions</p> <ul style="list-style-type: none"> Locations: Fireside, Sunroom & 3rd Floor Elevator Lobby (A puzzle table is also available - located on R3) Time Frames: <u>DAILY</u> (with some exceptions) 1 - 3 pm Afternoons & 5 - 8 pm Evening List all players names on clipboards at session area 		<p>> Reminder with all events independent or group, we are required to use the safety protocols & record attendance for tracking purposes</p> <p>>Questions see Su Stigney Director of Programs</p> <div style="display: flex; justify-content: space-between; align-items: center;"> </div>		