



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Sale Donations Starts (Bus lift inspection) 10:00 Blood Pressure Clinic - D 10:00 Music Fitness – E 10:30 Coffee Social – D TBA Shopping Runs <u>Rosedale and More (IL)</u> 2:00 Sale Prep Meeting - D 3:30 Catholic Services -E	2 8:00-11:30 Appointment Runs 10:00 Music Fitness – E 10:30 Coffee Social – D 11:30 Balance & Strength Fitness-E 1:00 Residents Focus Department Programming & Food Service –D 2:00 Guys' Group – D/O	3 10:00 Music Fitness - E 10:30 Coffee Social - D 2:30 Music "Memories of the Mills Brothers" by Monroe - D	4 9:15 Scenic Drive <u>with a Park Stop for the</u> <u>MWS Walking Club (MWS & BD)</u> 10:00 Music Fitness – E 10:30 Coffee Social - D 6:30 Movie Night – D "Fatherhood" Netflix
5 10:00 Music Fitness - E 2:00 Coffee Social - D	6 8:00 – 11:30 Appointment Runs 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	7 10:00 Music Fitness – E 11:30 Balance & Strength Fitness-E 12:00 – 3:00 Appointment Runs 12:45 Walkover to BD for Pastor B 1:00 Educational Session – D "Technology Training Smart Phones" Presented by Su Stigney	8 10:00 Music Fitness – E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social – D 9:30 \$ Ladies Outing to the St. Cloud Gardens & Lunch (IL) 2:00 Worship – D (Study, Faith, Song & Prayers) 3:30 Catholic Services – E	9 8:00-11:30 Appointment Runs 10:00 Music Fitness – E 10:30 Coffee Social – D 11:30 Balance & Strength Fitness-E >1:30 Coffee with the Cops – D 2:00 Guys' Group – D/O	10 10:00 Music Fitness - E 10:30 Coffee Social - D 2:30 "Summer" Themed Happy Hour - D	11 9:15 Scenic Drive <u>with a Park Stop for the</u> <u>MWS Walking Club (MWS & BD)</u> 10:00 Music Fitness – E 10:30 Coffee Social - D 6:30 Game Night – D
12 10:00 Music Fitness - E 2:00 Coffee Social - D	13 Sale Sort & Price Days 8:00 – 11:30 Appointment Runs 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	14 Sale Sort & Price Days 10:00 Music Fitness – E 10:30 Coffee Social – D 11:30 Balance & Strength Fitness-E 12:00 – 3:00 Appointment Runs 12:45 Walk Over to BD for MONTHLY MASS at 1:00 1:00 Educational Session – D National Parks" Netflix Series Streamed	15 Sale Sort & Price Days 8:45 \$ Men's Breakfast Outing To "Denny's" (IL & AL) 10:00 Blood Pressure Clinic - D 10:00 Music Fitness – E 10:30 Coffee Social – D 3:30 Catholic Services – E 5:00 Birthday Theme Dinner -D	16 Sale Sort & Price Days 8:00-11:30 Appointment Runs 10:00 Music Fitness – E 10:30 Coffee Social – D 11:30 Balance & Strength Fitness-E 1:00 WOW Group Women of Wisdom Chats – D 2:00 Guys' Group – D	17 Sale Sort & Price Days 10:00 Music Fitness - E 10:30 Coffee Social - D 2:30 NEW Presentation "Down the Mississippi River"–D Presentation by Doug Ohman 4:45 Beer Cart - D 5:00 Evening Theme Meal - D "Our Men, Myths and Legends"	18 9:15 Scenic Drive <u>with a Park Stop for the</u> <u>MWS Walking Club (MWS & BD)</u> 10:00 Music Fitness – E 10:30 Coffee Social - D 6:30 Game Night – D
19 10:00 Music Fitness - E 2:00 Coffee Social - D 	20 8:00 – 11:30 Appointment Runs 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D 6:00 Outing to Lakeside Concert "Saints of Swing BIG Band" at Como Park (AL& IL)	21 10:00 Music Fitness - E 10:30 Coffee Social - D 11:30 Balance & Strength Fitness-E 12:00 – 3:00 Appointment Runs 12:45 Walkover to BD for Pastor B 1:00 Educational Session – D "National Parks" Netflix Series Streamed	22 Sale DAZE 10:00 Music Fitness – E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social – D 2:00 Worship Study led by Pastor Matt – D (Study, Faith, Song & Prayers) 3:30 Catholic Services – E	23 Sale DAZE 8:00-11:30 Appointment Runs 10:00 Music Fitness – E 10:30 Coffee Social – D 11:30 Balance & Strength Fitness-E 1:00 Residents' Orientation– D 2:00 Guys' Group – D 2:00 Greeters' Committee Meeting – C	24 Sale DAZE 10:00 Music Fitness - E 10:30 Coffee Social - D 2:30 Music of the "River City Quartet" - D	25 9:15 Scenic Drive <u>with a Park Stop for the</u> <u>MWS Walking Club (MWS & BD)</u> 10:00 Music Fitness – E 10:30 Coffee Social - D 6:30 Game Night – D
26 10:00 Music Fitness - E 2:00 Coffee Social - D	27 8:00 – 11:30 Appointment Runs 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	28 10:00 Music Fitness – E 10:30 Coffee Social – D 11:30 Balance & Strength Fitness-E 12:00 – 3:00 Appointment Runs 1:00 Educational Session" - D "National Parks" Netflix Series Streamed	29 10:00 Music Fitness – E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social – D 10:30 \$ Lunch Outing to the "50's Grill" (IL) 3:30 Catholic Services – E	30 8:00-11:30 Appointment Runs 10:00 Music Fitness – E 10:30 Coffee Social – D 11:30 Balance & Strength Fitness-E 1:00 WOW Group Women of Wisdom Chats – C 2:00 Guys' Group – D/O	BD_Brightondale AL D_Dining Area/Veranda C_Craft / Card Room E_Exercise Room L_Library Room O_Out Front /_Or ___Outing or Specials TBA To Be Announced P_Patio Lo_Lobby () FYI	\$ ___ Need Money for Outing or Event \$\$ ___Billable Outing R—Reflection IL—Independent Living AL Assisted Living KEY

Currently ... With all events, & groups, we are still required to use safety protocols and signing in for sessions as required.

Independent Games & other small sessions by reservation only! Available DAILY, in the Game Room & Library

- See clipboard for times & available locations
- Signup sheets will be posted for the current week
- Follow cleaning and other safety protocols

Questions see Su Stigney, Director of Programs.



MEADOWOOD SHORES
A SILVERCREST COMMUNITY