


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1 <u>8:00 – 11:30 Appointment Runs</u> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	2 10:00 Music Fitness – E 11:30 Balance & Strength Fitness-E <u>12:00 – 3:00 Appointment Runs</u> <u>12:45 Walkover to BD for Pastor B</u> <u>1:30 National Afternoon Out— out front</u> <u>(2-4 Staff Training –D)</u>	3 10:00 Music Fitness – E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social – D 3:30 Catholic Services – E <u>6:00 Outing to Lakeside Concert</u> <u>“MN State Band”</u> <u>at Como Park (AL&IL)</u>	4 (SC Meeting at Brightondale) <u>8:00-11:30 Appointment Runs</u> 10:00 Music Fitness – E 10:30 Coffee Social – D 11:30 Balance & Strength Fitness-E 2:00 Guys' Group – D/O	5 10:00 Music Fitness - E 10:30 Coffee Social - D <u>2:30 Music of Dan Chouinard - D</u>	6 10:00 Music Fitness – E 10:30 Coffee Social - D 6:30 Game Night – D		
7 10:00 Music Fitness - E 2:00 Coffee Social - D	8 <u>8:00 – 11:30 Appointment Runs</u> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	9 10:00 Music Fitness – E >>10:30 Coffee Social - C 11:30 Balance & Strength Fitness-E <u>12:00 – 3:00 Appointment Runs</u> <u>12:45 Walk Over to BD for MONTHLY MASS at 1:00</u> <u>1:00 Educational Session”- D</u> <u>“Chicken People”</u> Prime Streamed	10 (SC PICNIC) 10:00 Blood Pressure Clinic - D 10:00 Music Fitness – E 10:30 Coffee Social – D 2:00 Worship – D (Study, Faith, Song & Prayers) 3:30 Catholic Services – E	11 <u>8:00-11:30 Appointment Runs</u> 10:00 Music Fitness – E 10:30 Coffee Social – D 11:30 Balance & Strength Fitness-E <u>1:00 Focus Department Forum–D</u> <u>(Programming & Food Service)</u> 2:00 Guys' Group – D/O	12 <u>8:45 \$ Men's Breakfast Outing</u> <u>To “Keys in Forest Lake” (IL & AL)</u> 10:00 Music Fitness - E 10:30 Coffee Social - D <u>1:45 The Goat Shine</u> <u>Baby Goat Visit Event - out front</u>	13 <u>9:15 \$\$ Outing to Forest Lake</u> <u>“CAR Show ” (MWS, BD & R)</u> 10:00 Music Fitness – E 10:30 Coffee Social - D <u>2:00 Movie Matinee– D</u> <u>“Walk, Ride, Rodeo”</u> Stream Netflix 6:30 Game Night – D		
14 10:00 Music Fitness - E 2:00 Coffee Social - D	15 <u>8:00 – 11:30 Appointment Runs</u> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	16 10:00 Music Fitness - E 10:30 Coffee Social - D 11:30 Balance & Strength Fitness-E <u>12:00 – 3:00 Appointment Runs</u> <u>12:45 Walkover to BD for Pastor B</u> <u>1:00 Educational Session – D</u> <u>“Technology Training Smart Phones”</u> Presented by Su Stigney	17 <u>9:00 \$ Breakfast Outing</u> <u>to the Rusty Cow (IL)</u> 10:00 Music Fitness – E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social – D 3:30 Catholic Services – E <u>5:00 Birthday Theme Dinner -D</u>	18 <u>8:00-11:30 Appointment Runs</u> 10:00 Music Fitness – E 10:30 Coffee Social – D 11:30 Balance & Strength Fitness-E 1:00 WOW Group Women of Wisdom Chats – D 2:00 Guys' Group – D	19 10:00 Music Fitness - E <u>10:00 Shopping Runs</u> <u>Rosedale and More (IL)</u> 10:30 Coffee Social - D <u>2:30 Piano Music of Jim Anderson – D</u>	20 <u>9:15 Scenic Drive</u> <u>with a Park Stop for the</u> <u>MWS Walking Club (MWS & BD)</u> 10:00 Music Fitness – E 10:30 Coffee Social - D 6:30 Game Night – D		
21 10:00 Music Fitness - E 2:00 Coffee Social - D	22 <u>(No AM Appointment Runs Today)</u> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D <u>>>1:30 – 3:30 Appointment Runs</u> 2:00 Guys' Group - D	23 10:00 Music Fitness – E 10:30 Coffee Social – D 11:30 Balance & Strength Fitness-E <u>12:00 – 3:00 Appointment Runs</u> <u>1:00 Educational Session”- D</u> <u>COWspiracy-Sustainability Secret</u> Netflix Streamed	24 10:00 Music Fitness – E 10:00 Blood Pressure Clinic - D <u>10:30 \$ Lunch Outing to the</u> <u>Muddy Cow (IL)</u> 10:30 Coffee Social – D <u>2:00 Worship Study</u> <u>lead by Pastor Matt – D</u> <u>(Study, Faith, Song & Prayers)</u> 3:30 Catholic Services – E	25 Western Theme Dress Day <u>(No AM Appointment Runs Today)</u> 10:00 Music Fitness – E 10:30 Coffee Social – D 11:30 Balance & Strength Fitness-E <u>1:30 - 3:30 Appointment Runs</u> 2:30 Western Themed Happy Hour – D “Wild Mid West!”	26 10:00 Music Fitness - E 10:30 Coffee Social - D <u>1:00 Residents' Orientation– D</u> <u>2:30 Guitar Music of Brian Fodstad- D</u>	27 <u>9:15 Scenic Drive</u> <u>with a Park Stop for the</u> <u>MWS Walking Club (MWS & BD)</u> 10:00 Music Fitness – E 10:30 Coffee Social - D <u>2:00 Movie Matinee– D</u> <u>“The Ballad of Buster</u> <u>Scruggs”</u> Stream Netflix 6:30 Game Night – D		
28 10:00 Music Fitness - E 2:00 Coffee Social - D	29 <u>8:00 – 11:30 Appointment Runs</u> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	30 10:00 Music Fitness – E 10:30 Coffee Social – D 11:30 Balance & Strength Fitness-E <u>12:00 – 3:00 Appointment Runs</u> <u>1:00 Educational Session”- D</u> <u>“What Hand Chimes?”</u>	31 <u>10:00 \$\$ Outing to AL's & Alma</u> <u>Boat Cruise on Lake Minnetonka</u> <u>(AL & IL)</u> 10:00 Music Fitness – E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social – D 3:30 Catholic Services – E				BD_Brightondale AL D_Dining Area/Veranda C_Craft / Card Room E_Exercise Room L_Library Room O_Out Front /_Or /_Or /_Or TBA_To Be Announced P_Patio Lo_Lobby	() FY! \$ Need Money for Outing or Event \$\$ Billable Outing R—Reflection IL—Independent Living AL Assisted Living KEY

Currently ... With all events, & groups, we are still required to use safety protocols and signing in for sessions as required.

Independent Games & other small sessions by reservation only! Available DAILY, in the Game Room & Library

- See clipboard for times & available locations
- Signup sheets will be posted for the current week

