

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BD Brightondale AL D Dining Area/Veranda C Craft / Card Room E Exercise Room L Library Room O Out Front / Or _ Outing or Specials TBA To Be Announced P Patio	<b>KEY</b> Lo Lobby ( ) FYI \$ Need Money for Outing or Event \$\$ Billable Outing R-Reflection IL-Independent Living AL Assisted Living	<b>1 Thanksgiving Decorating Day</b> 10:00 Music Fitness - E 10:30 Coffee Social - D 11:00 Balance & Strength Fitness-E 12:00 - 3:00 Appointment Runs 1:00 WOW Group Women of Wisdom Chats - C 2:00 Hand Chimes Practice -D	<b>2</b> <b>\$ 8:30 Ladies' Breakfast</b> <b>at Carole's (IL &amp; AL)</b> 10:00 Blood Pressure Clinic - D 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Resident's Forum - D 3:30 Catholic Services - E	<b>3</b> <b>8:00-11:30 Appointment Runs</b> 10:00 Music Fitness - E 10:30 Coffee Social - D 11:00 Balance & Strength Fitness-E 2:00 Guys' Group - D/O 7:30 Music by Entourage - D	<b>4</b> 10:00 Music Fitness - E 10:30 Coffee Social - D <b>2:30 Music by Aquatennial</b> <b>Senior Singer - D</b>	<b>5</b> <b>9:15 Scenic Drive (IL&amp; AL)</b> 10:00 Music Fitness - E 10:30 Coffee Social - D <b>1:30 Movie Matinee- D</b> <b>"DOG" Stream Prime</b> 6:30 Game Night - D
<b>6 Daylight Saving Ends</b> 10:00 Music Fitness - E <b>12:00 Viking vs</b> <b>Washington Commanders</b>  2:00	<b>7</b> <b>8:00 - 11:30 Appointment Runs</b> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	<b>8 Election Day</b> 10:00 Music Fitness - E 10:30 Coffee Social - D 11:00 Balance & Strength Fitness-E <b>12:00 - 3:00 Appointment Runs</b> <b>12:45 Walk Over to BD for</b> <b>1:00 MONTHLY MASS</b> 2:00 Hand Chimes Practice -D	<b>9</b> 10:00 Music Fitness - E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social - D <b>2:40 Instrumental Music by</b> <b>the Avail Academy - D</b> 3:30 Catholic Services - E	<b>10</b> <b>8:00-11:30 Appointment Runs</b> 10:00 Music Fitness - E 10:30 Coffee Social - D 11:00 Balance & Strength Fitness-E <b>1:00 Educational Session - D</b> <b>"All About Walker Safety &amp; \$ Repair"</b> <small>Presented by Ron of Corner Home Medical</small> 2:00 Guys' Group - D/O	<b>11</b> <b>VETERANS DAY</b> ★★★★★★★★★★ <b>8:30 to 10 \$ Veterans' Breakfast - D</b> 10:00 Music Fitness - E 10:30 Coffee Social - D <b>2:30 Music by</b> <b>High Water Band - D</b>	<b>12</b> 10:00 Music Fitness - E 10:30 Coffee Social - D <b>1:30 Outing to UNW for</b> <b>Production of Little Women</b> <b>(IL&amp; AL)</b> 6:30 Game Night - D
<b>13</b> 10:00 Music Fitness - E <b>12:00 Viking</b> <b>vs Buffalo Bills</b> 2:00 Coffee Social - D	<b>14</b> <b>8:00 - 11:30 Appointment Runs</b> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	<b>15</b> 10:00 Music Fitness - E 10:30 Coffee Social - D 11:00 Balance & Strength Fitness-E <b>12:00 - 3:00 Appointment Runs</b> <b>12:45 Walkover to BD for Pastor B</b> <b>1:00 Resident Orientation -D</b> 2:00 Hand Chimes Practice -D	<b>16</b> 10:00 Music Fitness - E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social - D <b>10:30 Coffee with the Cops - D</b> <b>2:00 Worship Study</b> <b>Lead by Ron Antoine - D</b> 3:30 Catholic Services - E <b>5:00 Birthday Theme Dinner -D</b>	<b>17</b> <b>8:00-11:30 Appointment Runs</b> 10:00 Music Fitness - E 10:30 Coffee Social - D 11:00 Balance & Strength Fitness-E <b>1:00 Educational Session - D</b> <b>"Technology Training Smart</b> <b>Phones" Presented by Su</b> 2:00 Guys' Group - D	<b>18</b> 10:00 Music Fitness - E <b>10:00 Shopping Runs</b> <b>Rosedale and More (IL)</b> 10:30 Coffee Social - D <b>1:00 Celebration of Life Event</b> <b>"A time to remember friends we</b> <b>have lost this past Year"</b>	<b>19</b> <b>9:15 Scenic Drive (IL&amp; AL)</b> 10:00 Music Fitness - E 10:30 Coffee Social - D 6:30 Game Night - D
<b>20</b> 10:00 Music Fitness - E 2:00 Coffee Social - D <b>3:45 Viking vs</b> <b>Dallas Cowboys</b>	<b>21</b> <b>8:00 - 11:30 Appointment Runs</b> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	<b>22</b> 10:00 Music Fitness - E 10:30 Coffee Social - D 11:00 Balance & Strength Fitness-E <b>12:00 - 3:00 Appointment Runs</b> <b>1:00 WOW Group</b> <b>Women of Wisdom Chats - C</b> 2:00 Hand Chimes Practice -D	<b>23</b> 10:00 Music Fitness - E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social - D <b>2:00 Worship Study</b> <b>Lead by Pastor Matt - D</b> 3:30 Catholic Services - E	<b>24</b> 10:00 Music Fitness - E <b>10:30 Coffee Social - D</b> <b>11:30 Thanksgiving Day Dinner - D</b> 2:00 Guys' Group - D/O <b>7:20 Viking vs New England Patriots</b>	<b>25</b> 10:00 Music Fitness - E 10:30 Coffee Social - D <b>2:30 Seasonal Happy Hour -D</b>	<b>26</b> 10:00 Music Fitness - E 10:30 Coffee Social - D <b>1:30 Movie Matinee- D</b> <b>"An Old Fashion Thanksgiving"</b> DVD 6:30 Game Night - D
<b>27</b> 10:00 Music Fitness - E 2:00 Coffee Social - D	<b>28</b> <b>8:00 - 11:30 Appointment Runs</b> 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	<b>29</b> 10:00 Music Fitness - E 10:30 Coffee Social - D 11:00 Balance & Strength Fitness-E <b>12:00 - 3:00 Appointment Runs</b> <b>1:00 WOW Group</b> <b>Women of Wisdom Chats - C</b> 2:00 Hand Chimes Practice -D	<b>30 Undecorating Fall Day!</b> <b>8:45 \$ Men's Breakfast Outing</b> <b>To "Fat Nat's" (IL AL &amp; R)</b> 10:00 Music Fitness - E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social - D <b>2:00 Hymn - sing Worship - D</b> <b>(Study, Faith, Song &amp; Prayers)</b> 3:30 Catholic Services - E			<b>2022</b> <b>November</b> 
<b>Independent Groups</b> by reservation ! (games & other small group sessions) <b>Available DAILY, in the Game Room Fitness</b> <b>Room &amp;/or Library</b> <ul style="list-style-type: none"> <li>• See clipboard for times &amp; available locations</li> <li>• Signup sheets will be posted for the current week</li> <li>• Follow cleaning and other safety protocols</li> </ul>						