

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 New Years Day 11:30 New Year's Day Holiday Dinner - D (3:45 Viking vs Packers)	2 8:00 – 11:30 Appointment Runs 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	3 10:00 Music Fitness – E 10:30 Coffee Social - D 11:00 Balance & Strength Fitness-E 12:00 – 3:00 Appointment Runs 1:00 All About Educational Wellness –D Presented by Su	4 10:00 Blood Pressure Clinic - D 10:00 Music Fitness – E 10:30 Coffee Social – D 10:30 \$ Ladies' Lunch Willy McCoy's (IL & AL) 3:30 Catholic Services – E	5 8:00-11:30 Appointment Runs 10:00 Music Fitness – E 10:30 Coffee Social - D 11:30 Balance & Strength Fitness-E 1:00 Resident's Forum– D 2:00 Guys' Group – D/O	6 Un-Decorating Days 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Un - Decorating Tree- D 2:30 Guitar Music by Vinnie Rose - D	7 10:00 Music Fitness – E 10:30 Coffee Social - D 6:30 Game Night – D		
8 10:00 Music Fitness - E 2:00 Coffee Social - D (TBA Viking vs Bears)	9 Un-Decorating Days 8:00 – 11:30 Appointment Runs 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	10 10:00 Music Fitness – E 10:30 Coffee Social - D 11:30 Balance & Strength Fitness-E 12:00 – 3:00 Appointment Runs 12:45 Walk Over to BD for MONTHLY MASS at 1:00 1:00 WOW Group Women of Wisdom Chats – C	11 10:00 Music Fitness – E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social – D 2:00 Worship Study Lead by Ron Antoine – D 3:30 Catholic Services – E	12 8:00-11:30 Appointment Runs 10:00 Music Fitness – E 10:30 Coffee Social - D 11:30 Balance & Strength Fitness-E 1:00 Educational Session – D "Cell Phones" Presented by Su 2:00 Guys' Group – D	13 10:00 Music Fitness - E 10:00 Shopping Runs Rosedale and More (IL) 10:30 Coffee Social - D 2:30 Music by Van & Kathy Nixon– D	14 9:15 Scenic Drive (IL& AL) 10:00 Music Fitness – E 10:30 Coffee Social - D 6:30 Game Night – D		
15 10:00 Music Fitness - E 2:00 Coffee Social - D	8:00 – 11:30 Appointment Runs 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	17 10:00 Music Fitness – E 10:30 Coffee Social - D 11:30 Balance & Strength Fitness-E 12:00 – 3:00 Appointment Runs 12:45 Walkover to BD for Pastor B 1:00 All About Washington DC –D (Good, Bad & the Fun in between) Presented by Great Courses	18 10:00 Music Fitness – E 10:00 Blood Pressure Clinic - D 10:30 Coffee Social - D 12:00 Class of 2022 Luncheon – D (by Invite) 2:00 Hymn - sing Worship – D (Study, Faith, Song & Prayers) 3:30 Catholic Services – E 5:00 Birthday Theme Dinner -D	19 8:00-11:30 Appointment Runs 10:00 Music Fitness – E 10:30 Coffee Social - D 11:30 Balance & Strength Fitness-E 1:00 Educational Session – D "New Resident Orientation" Presented by Welcome Team 2:00 Guys' Group – D	20 8:45 \$ Men's Breakfast Outing To "Pappy's" (IL AL & R) 10:00 Music Fitness - E 10:30 Coffee Social - D 2:30 Music by Dan Chauinard- D	21 10:00 Music Fitness – E 10:30 Coffee Social - D 4:15 \$\$ Outing to Crooners for "LUSH Country" Concert (IL & AL) 6:30 Game Night – D		
22 10:00 Music Fitness - E 2:00 Coffee Social - D	23 8:00 – 11:30 Appointment Runs 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	24 10:00 Music Fitness – E 10:30 Coffee Social - D 11:30 Balance & Strength Fitness-E 12:00 – 3:00 Appointment Runs 1:00 WOW Group Women of Wisdom Chats – C 2:00 Chimes Practices –D	25 10:00 Music Fitness – E 10:00 Blood Pressure Clinic - D 10:30 Lunch Outing At Sarna's (IL& AL) 10:30 Coffee Social - D 2:00 Worship Study Lead by Pastor Matt – D 3:30 Catholic Services – E	26 8:00-11:30 Appointment Runs 10:00 Music Fitness – E 10:30 Coffee Social - D 11:30 Balance & Strength Fitness-E 1:00 Educational Session - D "Winter Carnival" Presented by Su 2:00 Guys' Group – D	27 10:00 Music Fitness - E 10:30 Coffee Social - D 2:00 Winter Blizzard Happy Hour –D 	28 9:15 Scenic Drive (IL& AL) 10:00 Music Fitness – E 10:30 Coffee Social - D 6:30 Game Night – D		
29 10:00 Music Fitness - E 2:00 Coffee Social - D	30 8:00 – 11:30 Appointment Runs 10:00 Music Fitness - E 10:30 Coffee Social - D 1:00 Bingo - D 2:00 Guys' Group - D	31 10:00 Music Fitness – E 10:30 Coffee Social - D 11:30 Balance & Strength Fitness-E 12:00 – 3:00 Appointment Runs 1:00 All About Washington DC –D (Good, Bad & the Fun in between) Presented by Great Courses & Su 2:00 Chimes Practices –D				Independent Groups by reservation (games & other small group sessions) Available DAILY, in the Game Room Fitness Room &/or Library <ul style="list-style-type: none"> ● See clipboard for times & available locations ● Signup sheets will be posted for the current week 		BD_ Brightondale AL D_ Dining Area/ Veranda C_ Craft / Card Room E_ Exercise Room L_ Library Room /_ Or Outing TBA_ To Be An- nounced P_ Patio Lo_ Lobby KEY () FYI \$_ Need Money for