January 2024

Brightonda	le - Reflect	ions			January 2	024
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Years 1	2	3	4	5	6
2024	Animals "Tarantulas" with Amy (live) 01:00 PM Babies and Momma Animal Game with RAs 02:30 PM Movie with the RAs 03:00 PM Monday	Model Train Display at MWS 10:00 AM Reflections Beauty Shop 01:00 PM Weekly Worship with Pastor B 02:30 PM Afternoon	02:30 PM Afternoon Snack 03:30 PM Dinner Dećor Club 03:30 PM Plant care	Time 10:15 AM Stretch and Sing R3 Lisa 10:45 AM Ball Toss /Parachute R2 01:00 PM Outing to Norway House Gingerbread Wonderland \$\$ w/Lisa 02:30 PM Afternoon	Dećor Club	09:00 NuStep Time 10:00 AM Nature Documentary R2 10:00 AM Senior Yoga R3 01:00 PM Live Music "the Cousins" with Maria Sunroom 2:30 Reflections Chaplain Visits with Maria
	Amy PM Monday Nail Care	Hydration 03:00 PM Collectibles with Lisa 03:30 PM Dinner Decor Club	215 with Lisa	Snacks 03:30 PM Dinner Dećor Club	05:15 PM Mocktail Hour with Lisa	02:30 PM Popcorn and a Movie
7	8			11	12	13
9:00 AM NuStep ïme	09:00 AM NuStep Time	09:00 AM NuStep Time	09:00 AM NuStep Time 10:30 AM Famous	09:00 AM NuStep Time	09:00 AM NuStep Time	7:30 AM Daily Chronicles with
0:00 AM Volunteer	10:00 AM Reflections	10:15 AM Stretch	Faces "John Wayne"	10:15 AM Stretch and	10:45 AM Active	Breakfast
Vorship Group with licole	Beauty Shop 10:15 AM All About	and Sing R3 10:45 AM Ball	with Lisa	Sing R3 Lisa 10:45 AM Ball Toss	Games with Lisa 01:00 PM What's	09:00 AM NuStep time
1:00 PM Read and	Animals "Kangaroos"	Toss/Parachute R2	02:00 PM Seasonal Crafts Lisa and Maria	with Lisa R2	Cooking "Spiced	10:00 AM Nature
eflect	with Lisa	12:30 Catholic Mass	02:30 PM Afternoon	01:00 PM Outing to	Muffins" with Patricia	Documentary R2
2:30 PM Creative	01:00 PM Live Music with Mary Franz with		Snacks	Rosedale for Giant	& Lisa 02:30 PM Family	10:00 AM Senior Yoga R3
3:30 PM Dinner	Lisa	Lisa SR	03:30 PM Dinner Dećor Club	Lisa	Photos 1:1 with Lisa	02:00 PM Reflections
ecor Club		02:30 PM Afternoon	03:30 PM Plant care	2:30 PM Balance	03:30 PM Dinner	Art 1:1 with Maria
	Snacks PM Monday Nail Care	Snacks	1:1 with Lisa 04:00 PM Tech Time	BINGO with Ascend Therapy- Family	Dećor Club 05:15 PM Chair	02:30 PM Popcorn and a Movie
	03:00 PM	Social with Lisa	215 with Lisa	Education Session-SR	Dancing with Lisa	una a riovic
	Brightondale Voices	03:30 PM Dinner		03:30 PM Dinner		
	Widi 7 tilly & Elou	Dećor Club		Dećor Club		
14	15		17	18		20
7:30 Daily hronicles at	09:00 AM NuStep Time	09:00 AM NuStep Time	09:00 AM NuStep Time 10:30 AM Famous	09:00 AM NuStep Time	09:00 AM NuStep Time	7:30 AM Daily Chronicles with
reakfast 9:00 AM	10:00 AM Reflections	-	Faces "Joe Dimaggio"	10:15 AM Stretch and		Breakfast
uStep Time	Beauty Shop	and Sing R3	with Lisa	Sing R3	Games with Lisa	09:00 AM NuStep
0:30 AM Strength raining Group with	10:15 AM All About Animals "Corgis"	10:45 AM Ball Toss/Parachute R2	02:00 PM Drumming with Lisa and Maria	10:45 AM Parachute/Ball Toss	01:00 PM Live Accordion with Illya	time 10:00 AM Nature
icole R3	w/Dog "Jack" with	01:00 PM Weekly	02:30 PM Afternoon	R2	w/ Lisa	Documentary R2
0:00 AM Flower rranging	Amy (live) 01:00 PM Scenic	Worship with Pastor	Snacks 03:30 PM Dinner Dećor	01:00 PM Outing to MIA "Networks of	02:30 PM Afternoon Snacks	10:00 AM Senior Yoga with the RAs
1:00 PM Read and	Treat Drive with Su	02:30 PM Afternoon	Club	Care" Exhibit with	02:30 PM Word Games	
eflect 2:30 PM Creative	02:30 PM Afternoon Snacks	Snacks	03:30 PM Plant care	Lisa 02:30 PM Afternoon	"Categories" with Lisa 03:30 PM Dining	
coloring	PM Monday Nail	03:00 PM Collectibles w/Lisa	04:00 PM Tech Time	Snacks	Dećor Club	02:30 PM Popcorn and a Movie
3:30 PM Dinner	Care	03:30 PM Dinner	215 with Lisa	03:30 PM Dinner	05:15 PM Mocktail	03:30 PM Dinner
ecor Club		Dećor Club		Dećor Club	Hour with Lisa	Dećor Club
21	22	23	24	25	26	27
7:30 AM Daily	09:00 AM NuStep	09:00 AM NuStep	09:00 AM NuStep Time		08:45 AM Men's	07:30 AM Daily
hronicles w/	Time	Time	10:30 AM Coffee with	Time	Breakfast "Perkins"	Chronicles with
reakfast 9:00 AM NuStep	10:00 AM Reflections Beauty Shop	and Sing R3	the Cops 12:45 PM Resident	10:15 AM Stretch and Sing R3	09:00 AM NuStep	Breakfast 09:00 AM NuStep
ime	10:15 AM All About	10:45 AM Ball	Council with Amy	10:45 AM	Time	time
0:00 AM Flower rranging w/RAs	Animals "Coyotes" with Lisa	Toss/Parachute R2 01:00 PM Weekly	01:45 PM Live Music of	Parachute/Ball Toss R2	10:45 AM Active Games with Lisa	10:00 AM Nature Documentary R2
1:00 PM Read and			Tony Garry with Lisa 02:30 PM Afternoon	01:00 PM Mystery	02:30 PM Afternoon	10:00 AM Senior
eflect	Lundgren Live Music	B- Sunroom	Snack	Scenic Drive with Lisa	Snacks	Yoga R3
2:30 PM Creative coloring	with Lisa 02:30 PM Afternoon	02:00 PM Catholic Communion Service-	03:30 PM Dinner Dećor Club	02:30 PM Afternoon Snacks	02:30 PM Family Photos 1:1 with Lisa	02:00 PM Reflections Dog Visits with Maria
3:30 PM Dinner	Snacks and	Sunroom	03:30 PM Plant care	03:00 PM BINGO with		"Max and Dot"
ecor Club	Hydration 03:00 PM Monday	02:30 PM Afternoon Snacks	1:1 with Lisa 04:00 PM Tech Time	Lisa 03:30 PM Dinner	Dećor Club 05:15 PM Chair	02:30 PM Popcorn and a Movie
	Nail Care	03:00 PM Hats Off	215 with Lisa	Dećor Club	Dancing with Lisa	02:30 PM Afternoon
		Social with Lisa 03:30 PM Dinner				Snacks 03:30 PM Dinner
	03:00 PM Monday	Dećor Club				Dećor Club
	Nail Care					
28		30	31	и	M	
7:30 AM Daily hronicles at	09:00 AM NuStep Time	09:00 AM NuStep Time	09:00 AM NuStep Time	*		
reakfast	10:00 AM Reflections	-	10:30 AM Famous Faces "Nolan Ryan"			
:00 AM NuStep	Beauty Shop	and Sing R3	with Lisa			
ïme 0:00 AM Flower	10:15 AM All About Animals "Squirrels"	10:45 AM Ball Toss/Parachute R2	02:00 PM "Gals, Musicals & More with			
rranging	with Lisa	01:00 PM Family	Lisa R3	THE STATE OF	The same of the sa	To the same of the
1:00 PM Read and eflect			02:00 PM Guys & Pies			
2:30 PM Creative	Carnival with Lisa	Snacks	with Mark 02:30 PM Afternoon			
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3:30 PM Dinner Secor Club	Snacks 03:00 PM Monday	with Lisa 03:30 PM Dinner	03:30 PM Dinner Dećor Club			
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	Nail Care	Dećor Club	03:30 PM Plant care			
	Nail Care 03:00 PM Laughter		03:30 PM Plant care 1:1 with Lisa			
	Nail Care		03:30 PM Plant care			