

Sunday	Monday	Tuesday	Wednesday*	Thursday	Friday ~	Saturday*
	1 8:00 Music Fitness - S <u>NO Appointment Runs</u> 10:30 NEW Alive with Animals - R3 "View a Tarantula" with Amy & Guest 11:00 New Year Day Dinner-D 5:45 Rummikub - S	2 <u>10:00 Outing to MWS for Model Train Display (R & AL)</u> 10:00 Coffee Social - F 12:00 Fitness Class with Lisa - F <u>12:00 – 3:00 Appointment Runs</u> 1:00 Worship with Pastor B - S 2:00 RICA Visits with Lisa 3:00 Collections with Lisa - R3 5:45 Rummikub - S	3 8:00 Music Fitness - S 10:00 Coffee Social - F 10:30 Famous Faces "Jimmy Steward" 12:00 Fitness Class with Lisa - F 2:00 Drumming with M – S 5:45 Rummikub - SF	4 (CC) 8:00 Music Fitness - S <u>8:00 - 11:30 Appointment Runs</u> 10:00 Coffee Social - F 12:00 Fitness Class with Lisa- F <u>1:00 \$\$ Outing to Norway House (AL & R)</u> 3:00 Calendar Review with Lisa– F 3:30 Resident Forum by Leadership Team- F 5:45 Rummikub - S	5 Un-Decorating Days 8:00 Music Fitness - S 10:00 Education Session - S "Grief Loss & Sadness" Presented by G. Sullwold 10:45 Active Fitness Games with Lisa- R3 12:00 Fitness Class with Lisa- F 1:00 Meet & Greet with Patricia – S With new Resident Orientation 2:30 RICA Visits with Patricia 5:15 Happy Hour –R3 5:45 Rummikub - S	6 8:00 Music Fitness - S <u>9:15 Scenic Drive (IL& AL)</u> 1:00 Bridge - F 1:30 Paino Music by the Cousins - S 5:45 Rummikub - S
>>>Front Desk / Fireside & Mail Areas LIMITED ACCESS >>>AI groups & programming will be in Sunroom or Reflection						
7 10:00 New Worship Group With Volunteers & Nicole – R2 1:30 Movie Club - S " Breakfast Lunch Dinner" (Documentary Part 1) Netflix 5:45 Rummikub - S	8 Un-Decorating Days 8:00 Music Fitness - S 10:15 All about Animals "Kangaroos" with Lisa - R3 >12:00 Fitness Class with Lisa - S >1:00 Bridge - S >1:00 Music by Mary Franz – R3 3:00 New Brightondale Voices - S 5:45 Rummikub - S	9 Un-Decorating Days 8:00 Music Fitness - S >10:00 Coffee Social - S <u>12:00 – 3:00 Appointment Runs</u> 12:30 Monthly Mass with Father - S >1:00 Fitness Class with Lisa– S 2:00 Manicures Visits with Lisa 3:00 New "Hats Off" with Lisa - R3 5:45 Rummikub - S	10 (1:30-2:30+ RA Meeting) 8:00 Music Fitness - S >10:00 Coffee Social - S 10:30 Famous Faces "John Wayne" with Lisa - R2 >12:00 Fitness Class with Lisa - S 2:00 Seasonal Crafting with L & M - R3 5:45 Rummikub - S	11 8:00 Music Fitness - S <u>8:00 - 11:30 Appointment Runs</u> 10:00 Coffee Social - F 12:00 Fitness Class with Lisa - F <u>1:00 Outing to Rosedale to Holiday Display (AL & R)</u> 2:30 Balance Bingo - S Fun Educational Session Presented by Ascend Rehabilitation 5:45 Rummikub - S	12 8:00 Music Fitness - S 10:45 Active Fitness Games with Lisa- R3 12:00 Fitness Class with Lisa - F >1:00 "What's Cooking "Spice Muffins" with P & L- R3 5:15 New Chair Dancing with Lisa - R3 5:45 Rummikub - S	13 8:00 Music Fitness - S <u>9:15 Scenic Drive (IL& AL)</u> 1:00 Bridge - F 1:00 Harp Concert by Elsa - R3 2:45 RICA & Chaplin Visits With Maria - S 5:45 Rummikub - S
14 10:30 Strength Training with Nicole – R3 12:30 Crosswords with Nicole - F 1:30 Movie Club - S " Breakfast Lunch Dinner" (Documentary Part 2) Netflix 5:45 Rummikub - S	15 8:00 Music Fitness - S <u>8:00 – 11:30 Appointment Runs</u> 10:15 Alive with Animals - R3 "View a Corgi" with Amy & Guest 12:00 Fitness Class with Su- F <u>1:00 Scenic Treat Drive with Su (AL & R)</u> 1:00 Bridge - F 3:00 New Brightondale Voices - R2 View with Amy & Guest 5:45 Rummikub - S	16 (CC) 8:00 Music Fitness - S 10:00 Coffee Social - F <u>12:00 – 3:00 Appointment Runs</u> 12:00 Fitness Class with Lisa - F 1:00 Worship & Communion with Pastor B - S 2:00 RICA with Lisa 3:00 Collections with Lisa - R3 5:45 Rummikub - S	17 8:00 Music Fitness - S 10:00 Coffee Social - F 10:30 Famous Faces "Joe DiMaggio" with Lisa - R2 12:00 Fitness Class with Lisa - F 2:00 Drumming with M – S 4:15 Birthday Theme Dinner - D 5:45 Rummikub - S	18 (CC) 8:00 Music Fitness - S <u>8:00 - 11:30 Appointment Runs</u> 10:00 Coffee Social - F 12:00 Fitness Class with Lisa - F 1:00 Outing to MIA "Network of Care" (AL & R) 3:00 RICA Visits with Lisa 5:45 Rummikub - S	19 8:00 Music Fitness - S <u>9:00 \$ Men's Breakfast Outing "Perkins" (AL, R & IL)</u> 10:45 Active Fitness Games with L - R3 12:00 Fitness Class with Lisa - F 1:00 Accordion Music by Ilya Freyter S 2:30 Word Games - R2 5:15 Happy Hour –R3 5:45 Rummikub - S	20 8:00 Music Fitness - S <u>11:15 \$\$ LUTEFISK Dinner with (IL& AL)</u> 1:00 Bridge - F 5:45 Rummikub - S
21 1:30 Movie Club - S " Breakfast Lunch Dinner" (Documentary Part 3) Netflix 5:45 Rummikub - S	22 8:00 Music Fitness - S <u>8:00 – 11:30 Appointment Runs</u> 10:15 All about Animals "Coyotes" with Lisa - R3 12:00 Fitness Class with Lisa - F 1:00 Bridge - F 1:00 Piano Music by John Lundgren - P 3:00 Card Games with Lisa & Amy - R3 5:45 Rummikub - S	23 8:00 Music Fitness - S 10:00 Coffee Social - F 12:00 Fitness Class with Lisa- F <u>12:00 – 3:00 Appointment Runs</u> 1:00 Manicures Visits with Lisa 2:00 Catholic Communion Service- S 3:00 New "Hats Off" with Lisa - R3 5:45 Rummikub - S	24 (2-3:00 All Staff) 8:00 Music Fitness - S 10:00 Coffee Social - F 10:30 Coffee with the Cops - R3 12:00 Fitness Class with Lisa - F 2:00 Music of Tony Garry - R3 (3:30 Programming Meeting) 5:45 Rummikub - S	25 8:00 Music Fitness - S <u>8:00 - 11:30 Appointment Runs</u> 10:00 Coffee Social - F 12:00 Fitness Class with Lisa - F 1:00 <u>Mystery Scenic Drive to (AL & R)</u> 3:00 Bingo with Lisa – R3 5:45 Rummikub - S	26 8:00 Music Fitness - S 12:00 Fitness Class with Lisa - F 1:00 Taste of... Event – S "Spice" with L & P 2:30 RICA Visits with Patricia 5:15 New Chair Dancing with Lisa - R3 5:45 Rummikub - S	27 8:00 Music Fitness - S <u>9:15 Scenic Drive By the Winter Carnival Snow & Ice (IL& AL)</u> 1:00 Bridge - F 2:45 RICA & "Max & Dot" Dog Visits with Maria & Guest- S 5:45 Rummikub - S
28 1:30 Movie Club - S " Breakfast Lunch Dinner" (Documentary Part 4) Netflix 5:45 Rummikub - S	29 8:00 Music Fitness - S <u>8:00 – 11:30 Appointment Runs</u> 10:15 All about Animals "Squirrels" with Lisa - R3 12:00 Fitness Class with Lisa - F 1:00 <u>Scenic Drive by Winter Carnival (AL & R)</u> 1:00 Bridge - F 3:00 Laughing with Lisa - R3 5:45 Rummikub - S	30 8:00 Music Fitness - S 10:00 Coffee Social - F 12:00 Fitness Class with Lisa- F <u>12:00 – 3:00 Appointment Runs</u> 1:00 RICA Visit with Lisa 3:00 Collections with Lisa - R3 5:45 Rummikub - S	31 8:00 Music Fitness - S 10:00 Coffee Social - F 10:30 Famous Faces "Nolan Ryan" with Lisa - R2 12:00 Fitness Class with Lisa - F 2:00 Gal's with Musicals & MORE with L & M - R3 2:00 Pies with Guys & MORE with Mark – S 5:45 Rummikub - S			
31 1:30 Movie Club - S 1:30 "Wild Oats" (Drama/Comedy) Netflix 5:45 Rummikub - S	<div><div>Reminder: Programs may be subject to change, see daily sheet for current information</div><div><div><div>BRIGHTONDALE</div><div>A SILVERCREST COMMUNITY</div></div></div></div> <div><div>Independent Group Sessions</div><ul style="list-style-type: none">Puzzle table now located in Sunroom NookTable Game Groups etc. that are posted are open to all residents<div>You will need to reserve rooms for private events or groups contact Su Stigney Director of Programs for additional information</div></div>					
<div><div>Key D - Dining Room F - Fireside Room S - Sunroom P - Patio SN - Sunroom Nook D-D - Door to Door Outings Specials</div><div>Neighborhoods (AL) - Assisted Living (R2) - Reflections 2 (R3) - Reflections 3 (IL) - Independent</div><div>RICA Visits - Resident Independent Centered Activity Visits</div><div>> Temporary Change for this month</div></div>						