

Brightondale Reflections

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 09:00 AM NuStep Time R3 10:30 AM All About Animals "Chipmunks" with Lisa 01:00 PM Scenic Drive "MN State Capital" 02:30 PM Afternoon Snacks and Hydration 03:00-8:00 PM Monday Nail Care 03:00 PM Brightondale Voices Choir Practice	2 09:00 AM Exercise Bike R2 09:00 AM NuStep R3 10:00 AM Reflections Beauty Shop 10:15 AM Whatzit? R3 10:45 AM Whatzit? R2 01:00 PM Weekly Worship with Pastor B 02:30 PM Afternoon Snacks 03:00 PM Collections 03:30 PM Dinner Décor Club	3 07:30 AM Daily Chronicles 09:00 AM NuStep Time 10:30 AM Famous Faces "The Everly Brothers" 1:00 PM Chair Yoga 02:00 PM Drumming 02:30 PM Afternoon Snacks 03:00 PM Music Visits 1:1 with Maria 03:30 PM Dinner Décor Club 03:30 PM Plant care 1:1 04:00 PM Tech Time 215 with Lisa	4 09:00 AM NuStep Time R3 10:15 AM Stretch and Sing R3 10:45 AM Stretch and Sing R2 02:30 PM Spring Crafts with Lisa 02:30 PM Afternoon Snacks 03:30 PM Dinner Décor Club 04:30 PM Daily Chronicles with Dinner	5 09:00 AM Ex. Bike R2 09:00 AM NuStep R3 10:15 AM Spiritual 1:1 with Lisa 10:30 AM Ole Piper Inn Lunch Outing with Amy 01:00 PM Bingo with Lisa 02:30 PM Afternoon Snacks 02:30 PM Family Photos 1:1 with Lisa 03:30 PM Dining Décor Club 05:15 PM Reminiscing "Babies"	6 09:00 AM NuStep time R3 10:00 AM Flower Arranging with RAs 12:30 PM Chaplain Visits with Maria 02:30 PM Popcorn and a Movie 03:30 PM Dinner Décor Club 04:30 PM Daily Chronicles with Dinner
	7 10:00 AM Sunday Worship Group with Nicole and Volunteers 11:00 AM Picture Detective 1:1 with Nicole 12:30 PM Names and Numbers with Nicole 02:30 PM Creative Coloring 03:30 PM Dinner Decor Club	8 09:00 AM NuStep Time 10:30 AM All About Animals "Badgers" 01:00 PM Scenic Drive "Mississippi River" 02:30 PM Afternoon Snacks 03:00-8:00 PM Monday Nail Care 03:00 PM Brightondale Voices Choir Practice	9 09:00 AM Exercise Bike R2 09:00 AM NuStep Time R3 10:00 AM Reflections Beauty Shop 10:15 AM Whatzit? R3 10:45 AM Whatzit? R2 12:30 PM Monthly Catholic Mass 02:30 PM Afternoon Snacks 03:00 PM "April Fun Facts" with Lisa 03:30 PM Dinner Décor Club	10 09:00 AM NuStep Time R3 10:00 AM Sorting Fabric Squares R3 10:00 AM Sorting Greeting Cards R2 11:00 AM Spring Couples Luncheon 01:30 PM Music Visits 1:1 with Maria 02:00 PM Creative Crafts 02:30 PM Afternoon Snacks 03:30 PM Dinner Décor Club 03:30 PM Plant care 1:1 with Lisa 04:00 PM Tech Time 215 with Lisa	11 09:00 AM On-site Podiatry Visit 10:15 AM Stretch and Sing R3 10:45 AM Stretch & Sing R2 01:00 PM Outing "MN History Center Charles Schulz" 02:00 PM Massages with Amy 02:30 PM Afternoon Snacks 03:30 PM Dinner Décor Club 04:30 PM Daily Chronicles	12 09:00 AM Exercise Bike R2 09:00 AM NuStep Time R3 10:45 AM Active Games with Lisa 01:00 PM Live Magic Show with Marcus Clegg 02:30 PM Resident Council with Amy 02:30 PM Afternoon Snacks 03:30 PM Dinner Décor Club 05:15 PM Kit Box Reminiscing "Bees"
14 09:00 AM Exercise Bike R2 09:00 AM NuStep Time R3 10:00 AM Hymn Sing A Long w/ RAs 10:00 AM Hymn Sing A Long w/ RAs 01:00 PM Read and Reflect 02:30 PM Creative Coloring 03:30 PM Dinner Decor Club	15 09:00 AM NuStep Time 10:30 AM Alive with Animals "Buffy the Silkie Chicken" 01:00 PM Scenic Treat Drive w/ Lisa 02:30 PM Afternoon Snacks 03:00-8:00 PM Monday Nail Care 03:00 PM Laughing with Lisa	16 09:00 AM Ex. Bike R2 09:00 AM NuStep R3 10:00 AM Reflections Beauty Shop 10:15 AM Whatzit? R3 10:45 AM Whatzit? R2 01:00 PM Weekly Worship and Communion- Pastor B 02:30 PM Afternoon Snacks 03:00 PM Collections 03:30 PM Dinner Décor Club	17 07:30 AM Daily Chronicles 09:00 AM NuStep Time 10:30 AM Famous Faces "Diahann Carroll" 12:30 PM Chaplain Visits w/Maria 1:1 02:00 PM Taste of Poland 03:30 PM Dinner Décor Club 03:30 PM Plant care 1:1 with Lisa 04:00 PM Tech Time 215 with Lisa	18 09:00 AM NuStep Time R3 10:15 AM Stretch and Sing R3 10:45 AM Stretch and Sing R2 01:00 PM Scenic Drive "Looking for Signs of Spring" 02:30 PM Afternoon Snacks 03:30 PM Dinner Décor Club	19 09:00 AM Ex. Bike R2 09:00 AM NuStep R3 10:00 AM Travel documentary "Arizona" with RAs 01:00 PM Taste of Event "?? with Patricia 02:30 PM Afternoon Snacks 02:45 PM Family Photos 1:1 w/Pat 03:30 PM Dining Décor Club	20 09:00 AM NuStep 10:00 AM Flower Arranging w/ RAs 01:00 PM Alive with Animals Dog Visit "Sir Jax- Newfoundland" 02:30 PM Popcorn and a Movie 03:30 PM Dinner Décor Club 04:30 PM Daily Chronicles s/Dinner
21 09:00 AM Exercise Bike R2 09:00 AM NuStep Time R3 10:00 AM Strength Training with Nicole 10:45 AM Picture Detective 1:1 with Nicole 12:30 PM Names and Numbers with Nicole 02:30 PM Creative Coloring 03:30 PM Dinner Decor Club	22 09:00 AM NuStep Time R3 10:30 AM All About Animals "Frogs" 01:00 PM Outing to the Como Spring Flower Show 02:30 PM Afternoon Snacks 03:00 PM Monday Nail Care 03:00 PM Card Games w. Amy & Lisa 03:00-8:00 PM Monday Nail Care	23 09:00 AM Exercise Bike R2 09:00 AM NuStep Time R3 10:00 AM Reflections Beauty Shop 10:15 AM Whatzit? R3 10:45 AM Whatzit? R2 02:00 PM Catholic Communion Service 02:30 PM Afternoon Snacks 03:00 PM Education Session "Alaska" 03:30 PM Dinner Décor Club	24 07:30 AM Daily Chronicles 10:30 AM Famous Faces "Horence Wells" with Lisa 01:30 PM Music 1:1 with Tony Garry and Maria 01:30 PM Laughing with Lisa R3 02:00 PM Guitar Sing A Long with Tony Garry 02:30 PM Afternoon Snacks 03:30 PM Dinner Décor Club 03:30 PM Plant care 1:1 with Lisa 04:00 PM Tech Time 215 with Lisa	25 09:00 AM NuStep Time R3 10:30 AM Public Safety Chats w/New Brighton Officers 01:00 PM Scenic Drive "Daffodils at the MN Arboretum" 02:30 PM Afternoon Snacks 03:00 PM Educational Session "New Zealand" with Lisa 03:30 PM Dinner Décor Club	26 09:00 AM Exercise Bike R2 09:00 AM NuStep Time R3 10:45 AM Active Games with Lisa 01:00 PM Music with Vinnie Rose 02:30 PM Spring Art with Patricia 02:30 PM Afternoon Snacks 03:30 PM Dining Décor Club 05:15 PM Kit Box Reminiscing "Baseball" w/Lisa	27 09:00 AM NuStep time 10:00 AM Flower Arranging with the RAs 12:30 PM Art 1:1 Visits with Maria 02:30 PM Popcorn and a Movie 02:30 PM Afternoon Snacks 03:30 PM Dinner Décor Club 04:30 PM Daily Chronicles with Dinner
28 09:00 AM Exercise Bike R2 09:00 AM NuStep Time R3 10:00 AM Hymn Sing A Long with the RAs 01:00 PM Read and Reflect 01:45 PM Music/Chaplain Visits with Maria 02:30 PM Creative Coloring 03:30 PM Dinner Decor Club	29 09:00 AM NuStep Time R3 10:30 AM Alive with Animals "Millie the Mini Goldendoodle" 01:00 PM Garden Planning with Amy 02:30 PM Afternoon Snacks 03:00 PM Monday Nail Care 03:00 PM Brightondale Voices Choir Practice	30 09:00 AM EARLY Beauty Shop 10:00 AM Outing to Science Museum 02:30 PM Afternoon Snacks 03:00 PM Collectibles with Lisa 03:30 PM Dinner Décor Club				