

| Sunday | Monday | Tuesday | Wednesday* | Thursday | Friday ~ | Saturday* | |
|---|---|--|---|--|--|--|--|
| <div style="text-align: center;"> <h1>MAY 2024</h1>   <p>BRIGHTONDALE A SILVERCREST COMMUNITY</p> </div> | | | | | | | |
| | | <p>Key</p> <p>D - Dining Room F - Fireside Room S - Sunroom P - Patio SN - Sunroom Nook D-D - Door to Door</p> <p>Outings Specials</p> <p>> Temporary Time Change for this month</p> | <p>Neighborhoods</p> <p>(AL) - Assisted Living (R2) - Reflections 2 (R3) - Reflections 3 (IL) - Independent</p> <p>RICA Visits</p> <p>= Resident Independent Centered Activity Visits</p> | <p>1</p> <p>8:00 Music Fitness - S 10:30 Famous Faces "Ida Lupino" with Lisa - R2 12:00 Fitness Class with Lisa - S 2:00 Drumming with L - S 5:45 Rummikub - S</p> | <p>2</p> <p>8:00 Music Fitness - S <u>8:00 - 11:30 Appointment Runs</u> 10:30 New Walks in the Park Meet in the Fireside - F 12:00 Fitness Class with Lisa- F 2:00 Resident Forum with Leadership- F 3:00 Calendar Review & Sign-up for Outing with L/S- F 5:45 Rummikub - S</p> | <p>3</p> <p>8:00 Music Fitness - S 10:30 New Slap Stick Volleyball—R3 12:00 Fitness Class with Lisa- F <u>1:00 Meet & Greet with Patricia - S</u> (New Resident Orientation) 2:00 Creative (Gardening / Crafting) with L&M - R3/P 5:15 KIT Box Session - R3 "Gardening" With Lisa 5:45 Rummikub - S</p> | <p>4</p> <p>8:00 Music Fitness - S <u>9:15 Scenic Drive (IL & AL)</u> 1:00 Bridge - F 2:45 Chaplin Visits With Maria 5:45 Rummikub - S</p> |
| <p>5</p> <p>10:00 Worship Group with Volunteers & Nicole - R2 12:30 Crosswords with Nicole - S 5:45 Rummikub - S</p> | <p>6</p> <p>8:00 Music Fitness - S <u>8:00 - 11:30 Appointment Runs</u> 10:30 All About Animals - R2 "Cassowary" with Lisa 12:00 Fitness Class with Lisa- F 1:00 Bridge - F 2:30 Bell Ringer Concert - R3 5:45 Rummikub - S</p> | <p>7</p> <p>10:30 New Walks in the Park Meet in the Fireside - F 10:30 Guy Group with Mark - S 12:00 Fitness Class with Lisa - F <u>12:00 - 3:00 Appointment Runs</u> 1:00 Worship with Pastor B - S 2:00 RICA Visits with Lisa 3:00 Collections with Lisa - R3 5:45 Rummikub - S</p> | <p>8</p> <p>9:00 - 3:00 Program & Reflections Dir. Meeting Sunroom reserv. Reflections Dir.) <u>8:30 \$ Men's Breakfast Outing</u> - "Rusty Cow" (AL, R & IL) 8:00 Music Fitness - S 10:30 Famous Faces "Wright Brothers" with Lisa - R2 12:00 Fitness Class with Lisa - F 12:45 Music /RICA Visits with Maria 2:00 Bingo with L&M - R3 5:45 Rummikub - S</p> | <p>9</p> <p>8:00 Music Fitness - S <u>8:00 - 11:30 Appointment Runs</u> 10:30 New Walks in the Park Meet in the Fireside - F 12:00 Fitness Class with Lisa - F 1:00 New "What's It" with Lisa- F 3:00 RICA Visits with Lisa 5:45 Rummikub - S <u>6:30 Outing to Lyric Arts Theater</u> For Play "9 to 5" (IL & AL)</p> | <p>10</p> <p>8:00 Music Fitness - S <u>9:00 Scenic Drive around the Arboretum (AL & R)</u> 12:00 Fitness Class with Patricia- F 1:00 "Taste of Flowers" with Patricia - R3 2:30 Rica Visits with Patricia - S 5:45 Rummikub - S</p> | <p>11</p> <p>8:00 Music Fitness - S <u>9:15 Scenic Drive (IL & AL)</u> 1:00 Bridge - F 2:45 "Art" Visits With Maria 5:45 Rummikub - S</p> | |
| <p>12</p> <p>Mother's Day Brunch - D 1:30 Movie Club - S "Mother of the Bride" Netflix 5:45 Rummikub - S</p>  | <p>13</p> <p>8:00 Music Fitness - S <u>8:00 - 11:30 Appointment Runs</u> 10:30 All About Animals - R2 "Pink Cockatoos" with Lisa 12:00 Fitness Class with Lisa - F <u>1:00 Scenic Drive to "Lake Wood"</u> To see the Tulips with Lisa (AL & R) 1:00 Bridge - F 3:00 Brightondale Voices / Practice - S 5:45 Rummikub - S</p> | <p>14</p> <p>8:00 Music Fitness - S 10:30 New Walks in the Park Meet in the Fireside - F <u>12:00 - 3:00 Appointment Runs</u> 12:30 Monthly Mass with Father - S 2:00 Manicures Visits with Lisa 3:00 Education Session "Fun Facts for MAY" with Lisa - R3 5:45 Rummikub - S</p> | <p>15</p> <p>(1:30-2:30+ RA Meeting on R2) 8:00 Music Fitness - S <u>10:45 Outing to Meadow's Cafe & Bistro Lunch (AL)</u> 12:00 Fitness Class with Lisa - F 12:45 Music /RICA Visits with Maria 2:00 Drumming with M/L - S Birthday Theme Dinner - D 5:45 Rummikub - S</p> | <p>16</p> <p>(CC) 8:00 Music Fitness - S <u>8:00 - 11:30 Appointment Runs</u> 10:30 New Walks in the Park Meet in the Fireside - F 12:00 Fitness Class with Lisa - F <u>1:00 Outing Garden Center</u> with Lisa (AL & R) 3:00 RICA Visits with Lisa 5:45 Rummikub - S</p> | <p>17</p> <p>8:00 Music Fitness - S 10:30 New Slap Stick Volleyball—R3 12:00 Fitness Class with Lisa - F 2:00 Rica Visits with Patricia <u>2:00 "50 Years of Music" Concert</u> by the Brightondale Voices - S 5:15 KIT Box Session - R2 "Mothers" With Lisa 5:45 Rummikub - S</p> | <p>18</p> <p>8:00 Music Fitness - S <u>9:45 Volunteers' Thank you Event</u> Outing to MWS (AL & IL) 1:00 Bridge - F >TBS Elsa on the Harp - 2:15 Chaplin Visits With Maria 5:45 Rummikub - S</p> | |
| <p>19</p> <p>10:00 Strength Training with Nicole- R3 12:30 Crosswords with Nicole - S 5:45 Rummikub - S</p> | <p>20</p> <p>8:00 Music Fitness - S <u>8:00 - 11:30 Appointment Runs</u> 10:30 All About Animals - R2 "Peacocks" with Lisa 12:00 Fitness Class with Lisa - F 1:00 Paino Music by John Lundgren - S 1:00 Bridge - F 3:00 Laughing with Lisa - R3 5:45 Rummikub - S</p> | <p>21</p> <p>8:00 Music Fitness - S 10:30 New Walks in the Park Meet in the Fireside - F <u>12:00 - 3:00 Appointment Runs</u> 12:00 Fitness Class with Lisa - F 1:00 Worship & Communion with Pastor B - S 2:00 RICA with Lisa 3:00 Collections with Lisa - R3 5:45 Rummikub - S</p> | <p>22</p> <p>(2-3:00 All Staff) (3:30 Program Team Meeting) 8:00 Music Fitness - S 10:30 Famous Faces "Thomas Edison" with Lisa - R2 12:00 Fitness Class with Lisa - F 12:45 Music /RICA Visits with Maria <u>2:00 Guitar Music of Tony Garry - R3</u> 5:45 Rummikub - S</p> | <p>23</p> <p>(CC) 8:00 Music Fitness - S <u>8:00 - 11:30 Appointment Runs</u> <u>10:30 Public Safety Chats - F</u> (with Officer Mat & L) 12:00 Fitness Class with Lisa - F <u>2:10 Educational Session "Bears Aware" - S</u> Presented by Melonie Shipman 3:00 RICA Visits with Lisa 5:45 Rummikub - S</p> | <p>24</p> <p>8:00 Music Fitness - S 10:30 New Slap Stick Volleyball—R3 12:00 Fitness Class with Lisa - F 1:00 Rica Visit with P - R2 2:00 Bingo with L&P - R3 5:15 KIT Box Session - R3 "Handwork" With Lisa 5:45 Rummikub - S</p> | <p>25</p> <p>8:00 Music Fitness - S <u>9:15 Scenic Drive (IL & AL)</u> 1:00 Bridge - F <u>1:00 Alive with Animals -R2</u> Bulldog named "Trixie" with Maria & Guest 2:45 "RICA" Visits With Maria 5:45 Rummikub - S</p> | |
| <p>26</p> <p>10:00 Strength Training with Nicole- R3 12:30 Names & Numbers with Nicole - S 5:45 Rummikub - S</p> | <p>27</p> <p>MEMORIAL DAY </p> <p>8:00 Music Fitness - S Memorial Day Picnic Theme Lunch - D 1:00 Bridge - F 10:00 Garden Club - F 1:00 f... la R3 5:45 Rummikub - S</p> | <p>28</p> <p>8:00 Music Fitness - S 10:30 New Walks in the Park Meet in the Fireside - F 12:00 Fitness Class with Lisa- F <u>12:00 - 3:00 Appointment Runs</u> 1:00 Manicures Visits with Lisa 2:00 Catholic Communion Service (L) - S 3:00 Table Games with Lisa - R2 5:45 Rummikub - S</p> | <p>29</p> <p>8:00 Music Fitness - S <u>10:30 Outing to Silverwood Tour & Craft</u> with Lisa (AL&R) 12:00 Fitness Class with Lisa - S 12:45 Music/Rica Visits with Maria <u>1:00 Maintain Independence - S</u> (Family Welcome) Presented by Ascend Rehabilitation 2:00 BINGO with L&P- R3 5:45 Rummikub - S</p> | <p>30</p> <p>8:00 Music Fitness - S <u>8:00 - 11:30 Appointment Runs</u> 10:30 New Walks in the Park Meet in the Fireside - F 12:00 Fitness Class with Lisa - F <u>1:00 Piano Music by Tony Freeman - S</u> 3:00 RICA Visits with Lisa 5:45 Rummikub - S</p> | <p>31</p> <p>8:00 Music Fitness - S <u>10:30 Scenic Treat Drive</u> with Lisa (AL & R) 12:00 Fitness Class with Lisa - F 2:00 Creative (Gardening / Crafting) with L&M - R3/P 5:15 KIT Box Session - R3 "Shoes" With Lisa 5:45 Rummikub - S</p> | <p>Locations may change due to Weather... >Nice weather - we will at time move events outdoors. Poor weather, we will move indoors. Example, if to cold for "Walks in the Park" on R3 We will have "Active Games" on R3 See Daily Sheet for Updates</p>  | |