

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
5 10:00 Music Fitness – W	6 8:00 – 11:30 Appointment Runs 10:00 Music Fitness – W 1:00 WOW Group - L (Women of Wisdom) 2:00 Bingo - D	7 9-11 Hobby Time - F 10:00 Music Fitness – W 11:00 Balance / Strength Fitness – W 11:30 Video Fitness – W 12:00 – 3:00 Appointment & Shopping Runs 2:00 Hand Chimes Practice - D	8 9:00 - 3:00 Program & Reflections Directors Meeting - Dining Area 8:45 \$ Men's Breakfast Outing to Rusty Cow (IL, AL, & R) 10:00 Music Fitness – W 10:00 Blood Pressure Clinic - L 1:00 Cribbage - F >2:00 Worship Study on the "Beatitudes" Lead by Ron Antoine - 117/W 3:30 Catholic Services - 117	9 8:00 -11:30 Appointment Runs 10:00 Music Fitness – W 11:00 Balance & Strength Fitness – W 1:00 Educational Session – F "Green Team" Presented by Su 2:00 Guys' Game Group – F 6:45 Outing to Lyric Arts Theater For Play "9 to 5" (IL & AL)	10 9:00 Coffee Connection – L 10:00 Music Fitness – W 2:30 Edible Flowers - D 3:30 Happy Hour & Shuffleboard Games - L	11 9:30 Scenic Drive (IL & AL) 10:00 Music Fitness - W 6:30 Game Night – D
12 10:00 Music Fitness – W Mother's Day Theme Brunch - D 	13 8:00 – 11:30 Appointment Runs 10:00 Music Fitness – W 12:30 Welcome Committee – F 1:00 Resident Orientation – F 2:00 Bingo - D	14 9-11 Hobby Time - F 10:00 Music Fitness – W 11:00 Balance / Strength Fitness – W 11:30 Video Fitness – W 12:00—3:00 Appointment & Shopping Runs Today 12:15 Walkover to Catholic Mass with Father 12:30 at BD 2:00 Hand Chimes Practice - D	15 10:00 Music Fitness - W 10:00 Blood Pressure Clinic - L 11:30 Brightondale AL Residents to Visit Meadow's Café & Bistro – D 1:00 Cribbage - F 2:00 Hymn-Sing Worship - D 3:30 Catholic Services - 117 Birthday Dinner	16 8:00 -11:30 Appointment Runs 10:00 Music Fitness – WC 11:00 Balance & Strength Fitness – W 1:00 Educational Session - D "My Time in the Peace Core" Presented by Tom Foley 2:00 Guys' Game Group – F	17 9:00 Coffee Connection – L 10:00 Music Fitness – W 9:00 Outing to the Arboretum (IL) 2:30 Silver Notes Community Sing - D 3:30 Happy Hour & Shuffleboard Games - L	18 10:00 Volunteer's Thank you Event - D 10:00 Music Fitness - W 1:00 \$\$ Outing to Spring Dance Showcase (IL) 6:30 Game Night – D
19 10:00 Music Fitness – W 2-4 Life Celebration "Madeline Harrison" Hosted by Family	20 8:00 – 11:30 Appointment Runs 10:00 Music Fitness – W 1:00 WOW Group - L (Women of Wisdom) 2:15 New Explore the MWS BOOKWOMEN - F 2:00 Bingo - L	21 9-11 Hobby Time - F 10:00 Music Fitness – W 11:00 Balance & Strength Fitness – W 11:30 Video Fitness – W 12:00 – 3:00 Appointment & Shopping Runs 2:00 Hand Chimes Practice - D	22 (All Staff 2-3) 10:00 \$\$ Outing to the Omni Theater "The Great Bear Rain Forest" (IL) 10:00 Music Fitness – W 10:00 Blood Pressure Clinic 1:00 Cribbage - F 2:00 Worship Study Lead by Pastor Matt - D 3:30 Catholic Services - 117	23 (ED Meeting Dining Area 10-3) 8:00 -11:30 Appointment Runs 10:00 Music Fitness – W 10:00 Public Safety Chats present by Officer Matt - L 11:00 Balance & Strength – W 2:00 Guys' Game Group – L 2:30 Educational Session - W Presented by Naturalist Melonie Shipman	24 9:00 Coffee Connection – L 10:00 Music Fitness – W 10:30 \$ Women Lunch Outing To Jimmy's (IL) 2:30 For the Love of Food Present by Chef 3:30 Happy Hour & Shuffleboard Games - L	25 9:30 Scenic Drive (IL & AL) 10:00 Music Fitness - W 6:30 Game Night – D
26 10:00 Music Fitness – W	27  10:00 Music Fitness – W 11:30 Memorial Day Picnic Dinner-D 1:00 WOW Group - L (Women of Wisdom) 2:00 Bingo - D	28 9-11 Hobby Time - F 10:00 Music Fitness – W 11:00 Balance & Strength Fitness – W 11:30 Video Fitness – W 12:00 to 3:00 Appointment & Shopping Runs 2:00 Hand Chimes Concert - D	29 10:00 Music Fitness - W 10:00 Blood Pressure Clinic - L 11:00 -1:00 Bring a Friend to the Bistro Event – D 1:00 Cribbage - F 2:30 Maintain Independence – W Presented by Ascend Rehabilitation 3:30 Catholic Services - 117	30 8:00 -11:30 Appointment Runs 10:00 Music Fitness – WC 11:00 Balance & Strength Fitness – W 1:00 Educational Session - D "Technology" Presented by Su 2:00 Guys' Game Group – D	31 9:00 Coffee Connection – L 10:00 Music Fitness – W 2:30 Music by the High Water Band - D 3:30 Happy Hour & Shuffleboard Games - L	KEY D ___ Dining Area \$ ___ Need Money for Outing or Event Meadows Cafe and Bistro" F ___ Fireside of Dining L ___ Library/ Pub Lo ___ Lobby G ___ Gazebo O ___ Outside W ___ Wellness Center / ___ Or () FYI 117 ___ Temporary Room TBA To Be Announced Color Outing Specials \$ ___ Billable Outing BD - Brightondale R - Reflections IL - Independent Living AL - Assisted Living

Programs subject to change, see daily sheet for current information ! See Meal Reservation Book for serving times including theme meals .
The reservation system for Independent groups, private or open to the community event will be updated soon!

