





Brightondale Senior Community

**December 2024
Reflections Calendar**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 09:00 AM NuStep Time 10:00 AM Live Worship with Nicole and volunteers 10:00 AM Hymn Sing A Long with the RAs 11:00 AM Guess 10 Game with Nicole 12:00 PM Guess 10 Game with Nicole 01:00 PM Puzzles with the RAs 02:30 PM Popcorn and a Movie 03:30 PM Dinner Decor Club	2 09:00 AM NuStep Time 10:30 AM All About Animals "Snowy Owl" with Lisa 01:00 PM Scenic Drive 02:30 PM Afternoon Snacks 03:00 PM Monday Nail Care 03:00 PM Women of Wisdom Club	3 10:00 AM Reflections Beauty Shop 10:30 AM Yoga with Lisa 01:00 PM Worship with Pastor B 02:30 PM Afternoon Snacks 03:00 PM Kit Boxes- "Fun fact of December" 03:30 PM Dinner Deçor Club	4 09:00 AM NuStep Time 10:30 AM Famous Faces- "Bing Crosby" with Lisa 01:00 PM Cribbage and table games 02:30 PM BINGO with Lisa 02:30 PM Afternoon Snacks 03:30 PM Dinner Deçor Club 04:00 PM Tech Time 328 with Lisa	5 09:00 AM NuStep Time 10:30 AM Yoga with Lisa 01:00 PM St. Mary of the lake Mass outing 02:30 PM Afternoon Snacks 03:00 PM Creative Coloring with RAs 03:30 PM Dinner Deçor Club	6 09:00 AM NuStep 10:30 AM Slapstick Volleyball 01:00 PM Christmas sing-along with Peggy 01:30 PM Show and Tell with the Guys 02:00 PM Outdoor Games with L/P 02:30 PM Afternoon Snacks 03:30 PM Dining Deçor Club 05:15 PM Fresh Air Fridays	7 09:00 AM NuStep time 10:00 AM Balloon volleyball with the RAs 01:00 PM Music by Irondale Music Society 02:00 PM Chaplain visits with Maria 02:30 PM Creative Coloring 02:30 PM Afternoon Snacks on the Deck 03:30 PM Dinner Deçor Club
8 09:00 AM NuStep Time 10:00 AM Hymn Sing A Long with the RAs 01:00 PM Puzzles with the RAs 02:30 PM Popcorn and a Movie 03:30 PM Dinner Decor Club	9 09:00 AM NuStep Time 10:30 AM All About Animals "Penguins" with Lisa 01:00 PM Outing to Como's Holiday Flower Show 02:30 PM Afternoon Snacks 03:00 PM Monday Nail Care 03:00 PM Women of Wisdom Club with Lisa	10 10:00 AM Reflections Beauty Shop 10:30 AM Yoga with Lisa 12:30 PM Monthly Catholic Mass with Father 02:30 PM Afternoon Snacks 03:00 PM Holiday Piano Music by Randy Wall 03:30 PM Dinner Deçor Club	11 09:00 AM NuStep Time 10:30 AM Famous Faces- "Lawrence Welk" with Lisa 01:00 PM Cribbage & Table Games 02:30 PM Holiday Music by Fawbush & Pallen 02:30 PM Afternoon Snacks 03:30 PM Dinner Deçor Club 04:00 PM Tech Time 328 with Lisa	12 09:00 AM NuStep Time 10:30 AM Yoga with Lisa 02:00 PM Music by Tony Gary 02:30 PM Afternoon Snacks 03:00 PM Creative Coloring with RAs 03:30 PM Dinner Deçor Club	13 09:00 AM NuStep 10:30 AM Slapstick Volleyball 01:00 PM Christmas sing along -with Peggy 01:30 PM Show and Tell with the Guys and Lisa 02:30 PM Fun Hot Cocoa Event with Patricia + Lisa 02:30 PM Afternoon Snacks 03:30 PM Dining Deçor Club 05:15 PM Fresh Air Fridays	14 09:00 AM NuStep time 10:00 AM Balloon volleyball with the RAs 02:00 PM Holiday Harp Music by Elsa 02:30 PM Creative Coloring 02:30 PM Afternoon Snacks on the Deck 02:45 PM RICA visits with Maria 03:30 PM Dinner Deçor Club 05:00 PM Live Nativity & Holiday Lights
15 09:00 AM NuStep Time 10:00 AM Hymn Sing A Long with the RAs 11:00 AM Guess 10 Game with Nicole 12:00 PM Guess 10 Game with Nicole 01:00 PM Puzzles with the RAs 02:30 PM Popcorn and a Movie 03:00 PM Heights Brights Family Carolers 03:30 PM Dinner Decor Club	16 09:00 AM NuStep Time 10:30 AM All About Animals "Arctic Hare" with Lisa 01:00 PM Scenic Drive 02:30 PM Afternoon Snacks 03:00 PM Monday Nail Care 03:00 PM Women of Wisdom Club With Lisa 03:00 PM Monday Nail Care	17 10:00 AM Reflections Beauty Shop R2 10:30 AM Guy group with Mark 01:00 PM Worship and Communion with Pastor B 02:30 PM Afternoon Snacks 03:00 PM Kit Boxes "Ornaments" with Lisa 03:30 PM Dinner Deçor Club	18 09:00 AM NuStep Time 10:30 AM Famous Faces- "Robert L. May" with Lisa 01:00 PM Cribbage & Table Games/L 02:30 PM BINGO 02:30 PM Afternoon Snacks 03:30 PM Dinner Deçor Club 04:00 PM Tech Time 328 with Lisa	19 09:00 AM NuStep Time 10:00 AM Walks to the Park 10:30 AM Yoga with Lisa 01:00 PM Holiday Piano Music by Tony Freeman 02:30 PM Afternoon Snacks 03:00 PM Creative Coloring with RAs 03:30 PM Dinner Deçor Club	20 09:00 AM NuStep 10:30 AM Slapstick Volleyball 01:00 PM Baking & Tasting with Patricia 01:30 PM Show and Tell with the Guys 02:30 PM Afternoon Snacks 02:30 New Resident Orientation with Pat 03:30 PM Dining Deçor Club 05:00 PM Scenic Lights drive 05:15 PM Fresh Air Fridays	21 09:00 AM NuStep time 10:00 AM Balloon volleyball with the RAs 02:00 PM Alive with Animal "Bruce the Greyhound" 02:30 PM Creative Coloring 02:30 PM Afternoon Snacks on the Deck 02:45 PM Chaplain Visits with Maria 03:30 PM Dinner Deçor Club
22 09:00 AM NuStep Time 10:00 AM Names & Numbers & Holiday Readings 10:00 AM Hymn Sing A Long with the RAs 11:00 AM Guess 10 Game with Nicole 12:00 PM Guess 10 Game with Nicole 01:00 PM Puzzles with the RAs 02:30 PM Popcorn and a Movie 03:30 PM Dinner Decor Club	23 09:00 AM NuStep Time 10:30 AM All About Animals "Snow Leopard" with Lisa 01:00 PM Piano Music by John Lundgren 02:30 PM Afternoon Snacks 03:00 PM Monday Nail Care 03:00 PM Women of Wisdom Club with Lisa 03:00 PM Monday Nail Care	24 10:00 AM Reflections Beauty Shop R2 10:00 AM Reflections Beauty Shop R3 10:30 AM Yoga with Lisa 02:00 PM Catholic Communion Service- Lisa 02:30 PM Afternoon Snacks 03:00 PM Kit Boxes Collections session "Santa Claus" with Lisa 03:30 PM Dinner Deçor Club	25 Christmas 09:00 AM NuStep Time 02:30 PM Afternoon Snacks 03:30 PM Dinner Deçor Club 	26 09:00 AM NuStep Time 10:30 AM Active games with RAs 10:30 AM Active games with RAs 02:30 PM Afternoon Snacks 03:00 PM Creative Coloring with RAs 03:30 PM Dinner Deçor Club 	27 08:30 AM Men's Breakfast Outing "Ole Piper Inn" 09:00 AM NuStep Time 10:30 AM Slapstick Volleyball 01:00 PM Music of Jim Kirkendall 01:30 PM Show and Tell with the Guys 02:30 PM Egg Nog Connection with PA 02:30 PM Afternoon Snacks 03:30 PM Dining Deçor Club 05:15 PM Fresh Air Fridays 	28 09:00 AM NuStep time 10:00 AM Balloon volleyball with the RAs 02:30 PM Creative Coloring 02:30 PM Afternoon Snacks on the Deck 03:30 PM Dinner Deçor Club 
29 09:00 AM NuStep Time 10:00 AM Hymn Sing A Long with the RAs 01:00 PM Puzzles with the RAs 02:30 PM Popcorn and a Movie 03:30 PM Dinner Decor Club	30 09:00 AM NuStep Time 10:30 AM Alive with Animal "Ruger the Alabama Dog" with Su 02:30 PM Afternoon Snacks 03:00 PM Monday Nail Care 03:00 PM Monday Nail Care	31 10:00 AM Reflections Beauty Shop 10:30 AM Active Games with RA 01:00 PM New Year's Eve Event with Music of Curtis & Loretta 02:30 PM Afternoon Snacks 03:30 PM Dinner Deçor Club 