

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday ~	Saturday*				
<p>1 10:00 Worship Group with Volunteers & Nicole - R2</p> <p>5:45 Rummikub - S</p>	<p>2 Decorating DAZES & piano tuning</p> <p>8:00 Music Fitness - S</p> <p>8:00 - 11:30 Appointment Runs</p> <p>10:30 All about Animals - R3 "Snowy Owl" with Lisa</p> <p>12:00 Fitness Class with Lisa - F</p> <p>1:00 Bridge - F</p> <p>1:00 Scenic Snow & Treat Drive (AL & R)</p> <p>3:00 Tree Decorating with Lisa - F</p> <p>5:45 Rummikub - S</p>	<p>3 Decorating DAZES</p> <p>8:00 Music Fitness - S</p> <p>10:30 Yoga with Lisa - R3</p> <p>12:00 Fitness Class with Lisa - F</p> <p>12:00 - 3:00 Appointment Runs</p> <p>1:00 Worship Lead by Pastor B - S</p> <p>3:00 KIT Box Collections Session "Fun Fact of December" Lisa - R2</p> <p>5:45 Rummikub - S</p>	<p>4 National Cookie Day! (1:30-2:30+ RA Meeting on R2)</p> <p>8:00 Music Fitness - S</p> <p>10:30 Famous Faces</p> <p>"Bing Crosby" with Lisa - R2</p> <p>12:00 Fitness Class with Lisa - S</p> <p>1:00 Cribbage & Table Games/L - S</p> <p>2:30 Bingo with L-S</p> <p>5:45 Rummikub - S</p> <p>6:15 Outing to Live on 65 for "Kat Perkins Christmas Show Home for the Holiday" (IL & AL)</p>	<p>5</p> <p>8:00 Music Fitness - S</p> <p>8:00 - 11:30 Appointment Runs</p> <p>10:30 Yoga with Lisa - R3</p> <p>12:00 Fitness Class with Lisa - F</p> <p>1:00 St Mary of the Lake Mass Outing (AL & R)</p> <p>3:00 Resident Run Council- F -residents</p> <p>3:30 Calendar Review with Lisa - F</p> <p>5:45 Rummikub - S</p>	<p>6</p> <p>8:00 Music Fitness - S</p> <p>10:30 Slap Stick Volleyball - R3</p> <p>12:00 Fitness Class with Lisa - F</p> <p>1:00 Carols Sing-along with Peggy</p> <p>2:30 Rica Visit with Lisa</p> <p>5:45 Rummikub - S</p>	<p>7</p> <p>8:00 Music Fitness - S</p> <p>9:15 Scenic Drive (IL & AL)</p> <p>1:00 Bridge - F</p> <p>1:00 Music by Irondale Music Society - S</p> <p>2:45 Chaplin Visits With Maria</p> <p>5:45 Rummikub - S</p>				
<p>8</p> <p>1:00 Movie - S "Holiday Inn" (DVD)</p> <p>5:45 Rummikub - S</p>	<p>9</p> <p>8:00 Music Fitness - S</p> <p>8:00 - 11:30 Appointment Runs</p> <p>10:30 All about Animals - R3 "Penguins" with Lisa</p> <p>12:00 Fitness Class with Lisa - F</p> <p>1:00 Bridge - F</p> <p>1:00 Outing to Como's Holiday Flower Show (AL & R)</p> <p>3:00 WOW (Women of Wisdom) with Lisa - S</p> <p>5:45 Rummikub - S</p>	<p>10</p> <p>8:00 Music Fitness - S</p> <p>10:30 Yoga with Lisa - R3</p> <p>12:00 - 3:00 Appointment Runs</p> <p>12:30 Monthly Mass with Father - S</p> <p>1:00 Manicures Visits with Lisa</p> <p>3:00 Holiday Paino Music by Randy Wall - R2/S</p> <p>5:45 Rummikub - S</p>	<p>11</p> <p>8:00 Music Fitness - S</p> <p>10:30 Famous Faces</p> <p>"Lawrence Welk" with Lisa - R2</p> <p>12:00 Fitness Class with Lisa - F</p> <p>1:00 Cribbage & Table Games/L - F</p> <p>2:30 Holiday Music by Fawbush & Pallen - R3</p> <p>5:45 Rummikub - S</p>	<p>12</p> <p>(All Staff Holiday Party - MWS 2:00-4:00)</p> <p>8:00 Music Fitness - S</p> <p>8:00 - 11:30 Appointment Runs</p> <p>10:30 Yoga with Lisa R3</p> <p>12:00 Fitness Class with Lisa - F</p> <p>2- 3:30 Music by Tony Garry-R2</p> <p>3:00 RICA Visits with Lisa</p> <p>5:45 Rummikub - S</p>	<p>13 National Cocoa Day</p> <p>8:00 Music Fitness - S</p> <p>10:30 Slap Stick Volleyball - R3</p> <p>12:00 Fitness Class with Lisa-F</p> <p>1:00 Christmas Sing-along with Peggy -S</p> <p>2:30 Fun Hot Cocoa Event with P/L R3</p> <p>5:45 Rummikub - S</p>	<p>14</p> <p>8:00 Music Fitness - S</p> <p>1:00 Bridge - F</p> <p>2:00 Holiday Harp Music By Elsa - S</p> <p>2:45 "RICA" Visits With Maria</p> <p>5:00 Live Nativity & Holiday Lights Drive (R & AL)</p> <p>5:45 Rummikub - S</p>				
<p>15</p> <p>10:00 Crosswords with Nicole - F</p> <p>3:00 Heights Brights Family Carolers (starting in Sunroom & singing through the neighborhoods)</p> <p>5:45 Rummikub - S</p>	<p>16 Christmas Sweater Day (Ugly or Cute)</p> <p>8:00 Music Fitness - S</p> <p>8:00 - 11:30 Appointment Runs</p> <p>10:30 All about Animals - R3 "Arctic Hare" with Lisa</p> <p>12:00 Fitness Class with Lisa - F</p> <p>1:00 Bridge - F</p> <p>3:00 WOW (Women of Wisdom) with Lisa - S</p> <p>5:45 Rummikub - S</p>	<p>17</p> <p>8:00 Music Fitness - S</p> <p>10:30 Guy Group with Mark - S</p> <p>12:00 Manicures Visits with Lisa - F</p> <p>12:00 - 3:00 Appointment Runs</p> <p>12:00 Fitness Class with Lisa - F</p> <p>1:00 Worship & Communion Lead by Pastor B - S</p> <p>3:00 KIT Box Collections Session "Ornaments" With Lisa - R2</p> <p>5:45 Rummikub - S</p>	<p>18</p> <p>8:00 Music Fitness - S</p> <p>10:30 Famous Faces</p> <p>"Robert L. May" with Lisa - R2</p> <p>12:00 Fitness Class with Lisa - F</p> <p>1:00 Cribbage & Table Games/L - F</p> <p>2:30 Bingo with L - R3</p> <p>5:45 Rummikub - S</p>	<p>19 (CC)</p> <p>8:00 Music Fitness - S</p> <p>8:00 - 11:30 Appointment Runs</p> <p>10:30 Yoga with Lisa - R3</p> <p>12:00 Fitness Class with Lisa - F</p> <p>1:00 Holiday Paino Music by Tony Freeman -S</p> <p>3:00 RICA Visits with Lisa</p> <p>5:45 Rummikub - S</p>	<p>20</p> <p>8:00 Music Fitness - S</p> <p>10:30 Slap Stick Volleyball - R3</p> <p>12:00 Fitness Class with Patricia - F</p> <p>1:00 Baking & Tasting with PA - R3</p> <p>2:30 Meet & Greet with Patricia - S (New Resident Orientation)</p> <p>5:00 Scenic LIGHTS Drive (AL & R)</p> <p>5:45 Rummikub - S</p>	<p>21 Winter Solstice</p> <p>8:00 Music Fitness - S</p> <p>9:15 Scenic Drive (IL & AL)</p> <p>1:00 Bridge - F</p> <p>1:00 Alive with Animal "Bruce the Greyhound"</p> <p>2:45 Chaplin Visits With Maria</p> <p>5:45 Rummikub - S</p>				
<p>22</p> <p>10:00 Names & Numbers & Holiday Readings with Nicole - F</p> <p>5:45 Rummikub - S</p>	<p>23</p> <p>8:00 Music Fitness - S</p> <p>8:00 - 11:30 Appointment Runs</p> <p>10:30 All about Animals - R3 "Snow Leopard" with Lisa</p> <p>12:00 Fitness Class with Lisa - F</p> <p>1:00 Piano Music by John Lundgren - S</p> <p>1:00 Bridge - F</p> <p>3:00 WOW (Women of Wisdom) with Lisa - S</p> <p>5:45 Rummikub - S</p>	<p>24</p> <p>8:00 Music Fitness - S</p> <p>10:30 Yoga with Lisa - R3</p> <p>12:00 Fitness Class with Lisa - F</p> <p>NO Appointment Runs Today</p> <p>1:00 Manicures Visits with Lisa</p> <p>2:00 Catholic Communion Service (L) - S</p> <p>3:00 KIT Box Collections Session "Santa Claus" With Lisa - R2</p> <p>5:45 Rummikub - F</p> <p>(3:30 -6:30 Private Event in Sunroom)</p>	<p>25 Christmas</p> <p>11:30 Christmas Holiday Dinner - D</p> <p>Private Event - S 3:30 -6:30</p> <p>>5:45 Rummikub - F</p> 	<p>26</p> <p>8:00 Music Fitness - S</p> <p>8:00 - 11:30 Appointment Runs</p> <p>10:30 Active Games with RA - F</p> <p>12:00 Fitness Class with Tamba - F</p> <p>1:00 Education on Emergency Procedures a Review for 2025 - F/S Present by Tamba</p> <p>5:45 Rummikub - S</p>	<p>27</p> <p>8:00 Music Fitness - S</p> <p>8:30 \$ Men's Breakfast Outing "Fat Nat's" (AL, R & IL)</p> <p>12:00 Fitness Class with Patricia - F</p> <p>1:00 Music of Jim Kirkendall - R3</p> <p>2:30 Egg Nog Connection with PA - R3</p> <p>5:45 Rummikub - S</p>	<p>28</p> <p>8:00 Music Fitness - S</p> <p>9:15 Scenic Drive (IL & AL)</p> <p>1:00 Bridge - F</p> <p>5:45 Rummikub - S</p>				
<p>29</p> <p>1:00 Movie - S "White Christmas" (DVD)</p> <p>5:45 Rummikub - S</p>	<p>30</p> <p>8:00 Music Fitness - S</p> <p>8:00 - 11:30 Appointment Runs</p> <p>10:30 Alive with Animal "Ruger the Alabama Dog" with Su</p> <p>12:00 Fitness Class with Su - F</p> <p>1:00 Bridge - F</p> <p>1:00 Name that Christmas Tune with Music by Hudson - S</p> <p>5:45 Rummikub - S</p>	<p>31 Happy New Year's Eve</p> <p>8:00 Music Fitness - S</p> <p>10:30 Active Games with RA on R3</p> <p>12:00 Fitness Class with Maria - F</p> <p>NO Appointment Runs Today</p> <p>1:00 Turn of the Century Style New Year's Eve Event with Music of Curtis & Loretta - S +</p> <p>5:45 Rummikub - S</p>				<h1>DECEMBER 2024</h1> 			<p>Key</p> <p>D - Dining Room F - Fireside Room S - Sunroom P - Patio SN - Sunroom Nook D-D - Door to Door</p> <p>Outings Specials</p> <p>> Temporary Time Change for this month Neighborhoods</p>	<p>(AL) - Assisted Living (R2) - Reflections 2 (R3) - Reflections 3 (IL) - Independent</p> <p>RICA Visits - Resident Independent Centered Activity Visits</p> <p>Any changes will be posted on the Daily Sheets</p>