

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
<p>1 10:00 Music Fitness – W</p> <p>2:00 Coffee Connection – D</p>	<p>2 Decorating DAZES & piano tuning 8:00 – 11:30 <u>Appointment Runs</u></p> <p>9:00 Coffee Connection – L</p> <p>10:00 Music Fitness – W</p> <p>1:00 Tree Decorating – F</p> <p>2:15 Bingo with Dean - D</p>	<p>3 Decorating DAZES 9-11 Hobby Time - F</p> <p>10:00 Music Fitness – W</p> <p>11:00 Balance / Strength Fitness – W</p> <p>11:30 Yoga Video Fitness – W</p> <p>12:00 – 3:00 <u>Appointment & Shopping Runs</u></p> <p>2:00 Hand Chimes Holiday Concert - D</p>	<p>4 National Cookie Day! 9:00 Ladies Breakfast Outing to Carol's (IL)</p> <p>10:00 Music Fitness – W</p> <p>10:00 Blood Pressure Clinic</p> <p>1:00 Cribbage - F</p> <p>2:00 Hymn-Sing – D</p> <p>3:30 Catholic Services - 117</p> <p>6:00 Outing to Live on 65 for "Kat Perkins Christmas Show Home for the Holiday" (IL & AL)</p>	<p>5 8:00 -11:30 <u>Appointment Runs</u></p> <p>10:00 Music Fitness – W</p> <p>11:00 Balance & Strength Fitness – W</p> <p>1:00 Guys' Game Group – 117</p> <p>11:30 Yoga Video Fitness – W</p> <p>2:00 Resident Department Forum - D</p>	<p>6 9:00 Coffee Connection – L</p> <p>10:00 Music Fitness – W</p> <p>2:00 Ministry of Music by Carol & Friends-D</p> <p>3:30 Happy Hour & Shuffleboard Games - L</p>	<p>7 9:30 Scenic Drive (IL& AL)</p> <p>10:00 Music Fitness - W</p> <p>2:15 Music by Irondale Music Society - D</p> <p>6:30 Game Night – D</p>			
<p>8 10:00 Music Fitness – W</p> <p>2:00 Coffee Connection – D</p>	<p>9 8:00 – 11:30 <u>Appointment Runs</u></p> <p>9:00 Coffee Connection – L</p> <p>10:00 Music Fitness – W</p> <p>1:00 Fit, Fabulous, & Female Exercise - W</p> <p>2:15 Bingo with Dean- D</p>	<p>10 9-11 Hobby Time - F</p> <p>10:00 Music Fitness – W</p> <p>11:00 Balance / Strength Fitness – W</p> <p>11:30 Yoga Video Fitness – W</p> <p>12:00–3:00 <u>Appointment & Shopping Runs Today</u></p> <p>12:15 Walkover to Catholic Mass with Father 12:30 at BD</p> <p>1:30 Holiday Piano Music by Randy Wall - D</p>	<p>11 10:00 Music Fitness – W</p> <p>10:00 Blood Pressure Clinic - L</p> <p>1:00 Cribbage - F</p> <p>2:00 Worship Study on the "Beatitudes" Lead by Ron Antoine - D</p> <p>3:30 Catholic Services - 117</p> <p>6:00 Scenic Holiday Lights Drive (IL)</p>	<p>12 8:00 -11:30 <u>Appointment Runs</u></p> <p>10:00 Music Fitness – W</p> <p>11:00 Balance & Strength – W</p> <p>11:30 Yoga Video Fitness – W</p> <p>1:00 Guys' Game Group – 117 (Private All-Staff Holiday Party - D/F)</p>	<p>13 National Cocoa Day 9:00 Coffee Connection – L</p> <p>10:00 Music Fitness – W</p> <p>2:00 Music by JB Brass Trio – F</p> <p>3:15 Hot Chocolate Happy Hour - F</p>	<p>14 10:00 Music Fitness - W</p> <p>11:00 \$\$ Billable Holidazzle Dining Event with Christmas Background Music by Hudson - F</p> <p>6:30 Game Night – D</p>			
<p>15 10:00 Music Fitness – W</p> <p>(2:00-5:30 Private Event – F)</p> <p>2:00 Coffee Connection – D</p>	<p>16 Christmas Sweater Day (Ugly &/or Cute) 8:00 – 11:30 <u>Appointment Runs</u></p> <p>9:00 Coffee Connection – L</p> <p>10:00 Music Fitness – W</p> <p>2:00 Bingo with Dean- L</p> <p>2:15 New Explore the MWS BOOKWOMEN - F</p>	<p>17 9-11 Hobby Time - F</p> <p>10:00 Music Fitness – W</p> <p>11:00 Balance / Strength Fitness – W</p> <p>11:30 Yoga Video Fitness – W</p> <p>12:00 – 3:00 <u>Appointment & Shopping Runs</u></p> <p>2:00 Fun with Drumming Practice lead by Mary - D</p>	<p>18 10:00 Music Fitness - W</p> <p>10:00 Blood Pressure Clinic - L</p> <p>10:30 \$\$ Outing Norway House with a Lunch Stop at Ikea (IL)</p> <p>1:00 Cribbage - F</p> <p>>2:00 Worship Study Lead by Pastor Matt - D</p> <p>3:30 Catholic Services - 117</p>	<p>19 8:00 -11:30 <u>Appointment Runs</u></p> <p>10:00 Music Fitness – W</p> <p>11:00 Balance & Strength – W</p> <p>11:30 Yoga Video Fitness – W</p> <p>1:00 Guys' Game Group – 117</p> <p>2:00 Greeters Meeting – F</p> <p>2:30 New Resident Orientation - F</p> <p>7:00 Holiday Music by the Pistachio Singers- D/F</p>	<p>20 9:00 Connection – L</p> <p>10:00 Music Fitness – W</p> <p>2:00 Holiday Community Sing - D</p> <p>3:30 Happy Hour & Shuffleboard Games - L</p>	<p>21 WINTER SOLSTICE</p> <p>9:30 Scenic Drive (IL& AL)</p> <p>10:00 Music Fitness - W</p> <p>6:30 Game Night – D</p>			
<p>22 10:00 Music Fitness – W</p> <p>2:00 Coffee Connection – D</p>	<p>23 8:00 – 11:30 <u>Appointment Runs</u></p> <p>9:00 Coffee Connection – L</p> <p>10:00 Music Fitness – W</p> <p>1:00 Fit, Fabulous, & Female Exercise - W</p> <p>2:15 Bingo with Dean- D</p>	<p>24 9-11 Hobby Time - F</p> <p>9:00 Christmas Eve Fika – F</p>  <p>10:00 Music Fitness – W</p> <p>11:00 Balance / Strength Fitness – W</p> <p>11:30 Yoga Video Fitness – W</p>	<p>25 <i>Merry Christmas</i></p>  <p>10:00 Music Fitness – W</p> <p>11:30 Christmas Holiday Dinner - D</p> <p>1:00 Cribbage - F</p>	<p>26 8:00 -11:30 <u>Appointment Runs</u></p> <p>10:00 Music Fitness – W</p> <p>11:00 Balance & Strength – W</p> <p>11:30 Yoga Video Fitness – W</p> <p>1:00 Guys' Game Group – 117</p> <p>2:00 Education on Emergency Procedures - A Review for 2025 - D Presented by Tamba</p>	<p>27 9:00 Coffee Connection – L</p> <p>8:45 \$ Men's Breakfast Outing to "Fat Nat's"</p> <p>10:00 Music Fitness – W</p> <p>2:30 Music by Jim Kirkendall -D</p> <p>3:30 Happy Hour & Shuffleboard Games - L</p>	<p>28 9:30 Scenic Drive (IL& AL)</p> <p>10:00 Music Fitness - W</p> <p>6:30 Game Night – D</p>			
<p>29 10:00 Music Fitness – W</p> <p>2:00 Coffee Connection – D</p>	<p>30 8:00 – 11:30 <u>Appointment Runs</u></p> <p>9:30 Coffee Connection – L</p> <p>10:00 Music Fitness – W</p> <p>1:00 WOW Group - L (Women of Wisdom)</p> <p>2:15 Bingo with Dean- D</p>	<p>31 Happy New Year's Eve 9-11 Hobby Time - F</p> <p>10:00 Music Fitness – W</p> <p>11:00 Balance / Strength Fitness – W</p> <p>11:30 Yoga Video Fitness – W</p> <p>2:30 New Year Eve Celebration - D Bring the New & Celebrate the Past! With Music of Curtis & Loretta - F</p> <p>7:00 Residents' New Year Eve PARTY – F</p>	 <p>Happy New Year!</p>			<p>December 2024</p> 		<p>KEY</p> <p>D ___ Dining Area "Meadows Cafe and Bistro"</p> <p>F ___ Fireside of Dining</p> <p>L ___ Library/ Pub</p> <p>Lo ___ Lobby</p> <p>G ___ Gazebo</p> <p>O ___ Outside</p> <p>W ___ Wellness Center</p> <p>/ ___ Or () FY!</p> <p>117 ___ Temporary Room</p> <p>TBA To Be Announced</p> <p>Color ___ Outing Specials</p> <p>\$ ___ Need Money for Outing or Event</p> <p>\$\$ ___ Billable Outing</p> <p>BD - Brightondale</p> <p>R - Reflections</p> <p>IL - Independent Living</p> <p>AL- Assisted Living</p>	<ul style="list-style-type: none"> Independent Table Games are not listed on Calendar unless open to all. Check Game Night on Saturday to form new groups . Programs subject to change. See daily sheet for current information! See Meal Reservation Book for serving times including theme meals.