


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 						1 9:30 Scenic Drive (IL/AL) 10:00 Music Fitness - W 6:30 Game Night - D
2 10:00 Music Fitness – W 2:00 Coffee Connection -D 7:00 – Movie Night - D	3 8-11:30 Appointment Runs 9:00 Coffee Connection - L 10:00 Music Fitness - W 10:30 BINGO w/ Dean - L 1:00 WOW - L 2:00 Su's Retirement Party -D	4 9-11 Hobby/Craft Time – F 10:00 Music Fitness - W 10:30 Bible Study – Rm 117 11:00 Balance/Strength – W 11:30 Yoga Video Fitness -W 12-3 Appointment Runs 2:15 Hand Chime Practice - D	5 Ash Wednesday 9:30 Ash Wed. 10:30 Service at Salem Church (IL/AL) 10:00 Music Fitness -W 10:00 Blood Pressure Clinic -L 12:00 Lunch with Amy -F 1:00 Cribbage - L 2:15 Hymn Sing - D 3:30 Catholic Services - 117	6 8-11:30 Appointment Runs 8:00 Music Fitness -W 11:00 Balance/Strength – W 11:30 Yoga Video Fitness -W 2:00 Guys' Game Group 117 2:15 Resident Forum - F	7 9:00 Coffee & Conversations - L 10:00 Music Fitness - W 2:30 Music & Happy Hour w/Van & Kathy Nixon -D 3:30 Happy Hour – D	8 9:30 Scenic Drive (IL/AL) 10:00 Music Fitness - W 6:30 Game Night - D
9 Spring Ahead 10:00 Music Fitness – W 2:00 Coffee Connection D	10 8-11:30 Appointment Runs 9:00 Coffee Connection -L 10:00 Music Fitness – W 1:00 Fit/Fab/Female - W 2:15 BINGO w/ Dean- D	11 9-11 Hobby/Craft Time – F 10:00 Music Fitness - W 10:30 Bible Study – Rm 117 11:00 Balance/Strength – W 11:30 Yoga Video Fitness -W 12-3 Appointment Runs 12:15 Walkover to BD for Mass 2:15 Hand Chime Practice - D	12 10:00 Music Fitness -W 10:00 Blood Pressure Clinic -L 11:00 \$ Ladies Lunch to Steel & Hops 1:00 Cribbage - F 2:00 Worship Study w/ Ron - D 3:30 Catholic Services - 117	13 8-11:30 Appointment Runs 8:00 Music Fitness -W 11:00 Balance/Strength – W 11:30 Yoga Video Fitness -W 2:00 Guys' Game Group 117	14 9:00 Coffee & Conversations - L 10:00 Music Fitness - W 2:15 Love of Food - D 3:15/30 Happy Hour – D	15 9:30 Scenic Drive (IL/AL) 10:00 Music Fitness - W 6:30 St. Patrick Party & Game Night - D
16 10:00 Music Fitness – W 2:00 Coffee Connection -D	17 St. Patrick's Day 8-11:30 Appointment Runs 9:00 Coffee Connection -L 10:00 Music Fitness – W 1:00 Explore MWS - F 2:15 BINGO w/ Dean- D	18 NO Appointment Runs 9-11 Hobby/Craft Time – F 10:00 Music Fitness - W 10:30 Bible Study – Rm 117 11:00 Balance/Strength – W 11:30 Yoga Video Fitness -W 2:15 Hand Chime Program - D	19 10:00 Music Fitness -W 10:00 Blood Pressure Clinic -L 12:00 Lunch with Amy -F 1:00 Cribbage – L 1:00 Safety Chat w/Off. Austin - F 2:15 Hymn Sing - D 3:30 Catholic Services - 117	20 8-11:30 Appointment Runs 8:00 Music Fitness -W 11:00 Balance/Strength – W 11:30 Yoga Video Fitness -W 2:00 Guys' Game Group 117 2:15 Internet Safety - F	21 8:45 \$ Men's Outing to Original Pancake House – (IL/ALR) 9:00 Coffee & Conversations - L 10:00 Music Fitness - W 2:15 JB Brass Quartet - F 3:15/30 Happy Hour – D	22 9:30 Scenic Drive (IL/AL) 10:00 Music Fitness – W 2-6:00 Dining Reserved 6:30 Game Night - D
23/30 10:00 Music Fitness – W 2:00 Coffee Connection -D 7:00 – Movie Night - D	24 8-11:30 Appointment Runs 9:00 Coffee Connection -L 10:00 Music Fitness – W 11:00 Parkinson's Group - D 1:00 WOW Group - F 2:15 BINGO w/ Dean- D	25 9-11 Hobby/Craft Time – F 10:00 Music Fitness - W 10:30 Bible Study – Rm 117 11:00 Balance/Strength – W 11:30 Yoga Video Fitness -W 12-3 Appointment Runs 2:15 Hand Chime Practice - D	26 8:00 Music Fitness -S 10:00 Blood Pressure Clinic -L 12:00 Lunch with Amy -F 1:00 Cribbage – L 1:30 Feed My Starving Children 215 Worship Study w/Pastor Matt – D	27 8-11:30 Appointment Runs 8:00 Music Fitness -W 11:00 Balance/Strength – W 11:30 Yoga Video Fitness -W 2:00 Guys' Game Group 117 2:15 Share the Journey - D	28 9:00 Coffee & Conversations - L 10:00 Music Fitness – W 10:00 \$ Fare for All Trip 2:15 Guitar Music w/ Vinnie Ross - D 3:15/30 Happy Hour – D	29 9:30 Scenic Drive (IL/AL) 10:00 Music Fitness - W 6:30 Game Night - D
31 8-11:30 Appointment Runs 9:00 Coffee Connection -L 10:00 Music Fitness - W 2:15 BINGO w/ Dean- D			Special notes for the month: Amy – Director of Programs will be out of the office 3/6-3/18		Room /Location Key: Ground Floor – L=Library 1st Floor - W= Wellness Center, D = Bistro Dining, F = Bistro Fireside	