



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Room /Location Key:
 Ground Floor – L=Library
 1st Floor - W= Wellness Center, D = Bistro Dining,
 F = Bistro Fireside



1
 8-11:30 Appointment Runs
 10:00 Music Fitness - W
 11:00 Balance/Strength - W
 11:30 Yoga Video Fitness - W
 1:00 Guys' Game Group 117
 2:15 Resident Forum – F

2
 9:00 Coffee & Conversations - L
 10:00 Music Fitness - W
 3:00 Happy Hour - D

3
 9:15 Scenic Drive (IL/AL)
 10:00 Music Fitness - W
 6:30 Game Night – D

4
 10:00 Music Fitness - W
 2:00 Coffee Connection D

5 Cinco de Mayo
 8-11:30 Appointment Runs
 9:00 Coffee Connection - L
 10:00 Music Fitness – W
 10:30 Book Worms - F
 2:15 BINGO w/ Dean - D

6
 10:00 Music Fitness - W
 10:30 Bible Study – 117
 11:00 Balance/Strength – W
 11:30 Yoga Video Fitness -W
 12-3 Appointment Runs
 2:15 Hand Chime Practice - D

7
 10:00 Music Fitness - W
 10:00 Blood Pressure Clinic - L
 11:00 \$ Ladies Lunch to La Casita Mexican Restaurant (IL/AL)
 1:00 Cribbage - L
 2:15 Hymn Sing – D
 3:30 Catholic Services - 117

8
 8-11:30 Appointment Runs
 10:00 Music Fitness -W
 11:00 Balance/Strength – W
 11:30 Yoga Video Fitness -W
 1:00 Guys' Game Group 117

9
 9:00 Coffee & Conversations - L
 10:00 Music Fitness - W
 2:15 Cooking with Chef Brian - D
 3:15 Happy Hour – D

10
 9:15 Scenic Drive (IL/AL)
 10:00 Music Fitness – W
 6:30 Game Night – D

11
 Mother's Day
 10:00 Music Fitness – W
 11:30 Brunch -B
 2:00 Coffee Connection D

12
 8-11:30 Appointment Runs
 9:00 Coffee Connection - L
 10:00 Music Fitness – W
 10:30 Book Worms - F
 2:15 BINGO w/ Dean – L
 2:30 Non Denominational Worship w/ Communion – D

13
 10:00 Music Fitness - W
 10:30 Bible Study –117
 11:00 Balance/Strength – W
 11:30 Yoga Video Fitness -W
 12:15 Walkover to BD for Mass
 12-3 Appointment Runs
 2:15 Hand Chime Practice - D

14
 10:00 Music Fitness - W
 10:00 Blood Pressure Clinic -L
 11:00 Garage Sale Volunteer Meeting - F
 12:00 Lunch with Amy – F
 1:00 Cribbage – L
 2:30 Fall Prevention Education – D
 3:30 Catholic Services - 117

15
 8-11:30 Appointment Runs
 10:00 Music Fitness -W
 11:00 Balance/Strength – W
 11:30 Yoga Video Fitness -W
 1:00 Guys' Game Group 117
 2:15 Internet Safety - D

16
 9:00 Coffee & Conversations – L
 8:30 \$ Men's Outing to Fat Nat's – (IL/AL/R)
 10:00 Music Fitness – W
 2:30 Ladies Only Happy Hour! D
 NO Regular HAPPY HOUR

17
 9:15 Scenic Drive (IL/AL)
 10:00 Music Fitness - W
 6:30 Game Night – D

18
 10:00 Music Fitness – W
 2:00 Coffee Connection D

19
 8-11:30 Appointment Runs
 9:00 Coffee Connection - L
 10:00 Music Fitness – W
 10:30 Book Worms - F
 2:15 BINGO w/ Dean - D

20
 10:00 Music Fitness - W
 10:30 Bible Study – 117
 11:00 Balance/Strength – W
 11:30 Yoga Video Fitness -W
 12-3 Appointment Runs
 1:00 Coffee w/ the Cop - F
 2:15 Hand Chime Program - D

21
 10:00 Music Fitness - W
 10:00 Blood Pressure Clinic - L
 1:00 Cribbage – L
 1:45 Feed My Starving Children (IL)
 2:15 Hymn Sing - D
 3:30 Catholic Services - 117

22
 8-11:30 Appointment Runs
 10:00 Music Fitness -W
 11:00 Balance/Strength – W
 11:30 Yoga Video Fitness -W
 1:00 Guys' Game Group 117
 2:15 Greeter's Meeting -F
 2:45 New Resident Gathering -F

23
 9:00 Coffee & Conversations – L
 9:30 Fare for ALL (IL/AL)
 10:00 Music Fitness – W
 1:00 \$ Create a Patio Pot -L
 2:15 Music James Christianson - D
 3:15 Happy Hour – D

24
 9:15 Scenic Drive (IL/AL)
 10:00 Music Fitness - W
 6:30 Game Night – D

25
 10:00 Music Fitness – W
 2:00 Coffee Connection D

26 Memorial Day
 No Appointment Runs
 9:00 Coffee Connection - L
 10:00 Music Fitness – W
 11:30 Brunch
 2:15 BINGO w/ Dean – D
 4:00 Movie – Forrest Gump - D
 & Ice Cream for all
 In Honor of our Vets! D
 Dining Room Closed for Dinner

27
 10:00 Music Fitness – W
 10:30 Bible Study –117
 11:00 Balance/Strength – W
 11:30 Yoga Video Fitness -W
 12-3 Appointment Runs
 1:45 Walkover to BD Catholic Communion Service - S

28 2:00 All Staff Meeting
 10:00 Music Fitness - W
 10:00 Blood Pressure Clinic - L
 11:30 Lunch with Amy -F
 1:00 Cribbage – L
 2:15 Bible Study w/ Pastor Matt - D
 3:30 Catholic Services - 117

29
 8-11:30 Appointment Runs
 10:00 Music Fitness -W
 11:00 Balance/Strength – W
 11:30 Yoga Video Fitness -W
 1:00 Guys' Game Group 117

30
 9:00 Coffee & Conversations – L
 10:00 Music Fitness – W
 2:15 Andy Steinfeldt Music-D
 3:15 Happy Hour – D

31
 9:15 Scenic Drive (IL/AL)
 10:00 Music Fitness - W
 6:30 Game Night - D